



ST ANTHONY'S CANOSSIAN
SECONDARY SCHOOL
2023

The Magdalenian

In Faith,
We *Serve*



“Trust in the Lord with all your heart.
Never rely on what you think you know.
Remember the Lord in everything you do,
He will show you the right way.”

Proverbs 3: 5-6

The Magdalenian

In Faith, We Serve

The 2023 school theme, ***In Faith, We Serve***, reminds our staff and students to keep faith and grow in our service. We are called to serve, as a Catholic school and as individuals so that we can be men and women for God and for society. In a world filled with complexities due to technological changes, competing economic imperatives and different psychosocial stressors, we will need to have faith in God and faith in our peers and colleagues, and faith in ourselves to strive to be Canossians of Influence who are ready to lead with **Compassion** and **Competence**; serve with **Cheerfulness** and **Commitment**.

We do so by being:

Compassionate - to be sensitive to the sufferings of others and inspire courageous deeds and solutions to serve and help those in need.

Competent - to be solutions-oriented and community-focused, resourceful and collaborative to adapt to any unexpected scenarios and overcome challenges.

Committed - to stay true to ourselves, our values, convictions and goals; persevering in the face of adversity.

Cheerful - to be comfortable with ourselves and to bring happiness and positivity to ourselves and to others.

In Faith, We Serve





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Class of 2023



VISION

Canossians of Influence:

Ready to Lead with Compassion and Competence;

Serve with Cheerfulness and Commitment.



MISSION

Nurturing each one in her own way by forming hearts,
enlightening minds and empowering spirits to live in
The Way, The Truth and The Life.



Programme was first designed by Sr. Angela Ng to instill the values of faith and to impart the Canossian values of Charity, Humility and Service. Over the years, the programme continued to be fine-tuned to be more relevant to current times. Sr. Angela Ng also initiated the St. Bakhita and Magdalene Awards, which are given to deserving students of both schools till this day.

At the end of 2001, Sr. Angela Ng handed the reins to Ms. Agnes Chew. She introduced a structured and knowledge-based performing arts curriculum to the students, infusing imagination and original thought. Ms. Chew believed in a sustained performing arts curriculum with an emphasis on ethnicity and a critical role to promote our multi-cultural identity and celebrate our diversity.

2002 to 2007: Autonomous Status and Performing Arts Education

SACSS was conferred the Autonomous school status in recognition of the strong academic and co-curricular outcomes in 2002. The school uniform was also designed to commemorate its Autonomous status. The year ended with a historical event. After 108 years of Sister-Principalship, Sr. Cecily Pavi was the last Canossian Sister-Principal to lead the School. She handed over the reins of leadership to Mrs. Jennifer Loh, the incumbent Vice-Principal, on 1 January 2003. Mrs. Jennifer Loh was instrumental in leading SACSS through a series of reviews, "Renewal of the Heart, Rebirth of the Arts and Curriculum", that led to the re-certification of the secondary school's autonomous status in 2006 and the conferment of the School Distinction Award in 2008.

SACSS officially launched Performing Arts Education (PAE) as a niche area in 2004. In 2005, SACSS took another leap in its PAE programme when Drama was added to students as an O-level School Infused Examination (OSIE). The school received another prestigious award, the Best Practice Award for Teaching Learning, in 2007.

From Strength to Strength

When Ms. Melvine Martins took over from Mrs. Loh, she deepened the school's curriculum reform efforts further to implement Brain-Based Learning that guided teachers' engagement strategies based on principles derived from scientific research to create positive learning environments. Brain-Based Learning strategies, such as the EAGER protocol, continue to be practised in SACSS. Together with Mrs. Eugene Tan, they led the school through the Programme for Rebuilding and Improving Existing schools (PRIME) project between 2009 and 2013 to upgrade the school facilities that are enjoyed by our students today.

At SACSS, Mrs. Eugene Tan introduced morning Centering Time in 2012 to help students focus and prepare for the day. In 2014, this initiative was further refined as the school leveraged on this time to explicitly share about values. Time has now become an important activity every morning to prepare the day ahead. This is to instill the importance of living life with the students to manifest those values in their day-to-day dealings.

In 2015, the leadership of the secondary school was handed over to Mrs. Mabel. Under her leadership, SACSS sustained value-added results and was a finalist for the Best Practice Award for Teaching Learning. Student Learning Space (SLSP) was introduced to create conducive learning environments. Mrs. Mabel also implemented the use of physical facilities, especially in the area of sports, to promote a healthy culture. Together with the principals, many projects which led to stronger bonds between the school and the community have been implemented, the effects of which continue to be manifested.

With the passing of the leadership baton from Sister-Principal to Mrs. Mabel and teachers, the Canossian Charter was written and adopted by the Canossian Charism Formation Team to capture the core principles of Canossian Education. It aspires to extend the spirit and legacy of Magdalene of Canossa into the decision making process of school life for the Canossian schools.

2020 and Beyond:

In 2020, the secondary school embarked on a re-visioning exercise to redefine the vision, mission and values of the school in order to unite the various Canossian schools towards the common purpose. Other than the Sisters and our valued primary schools, input was also sought from our students and teachers.

What started as a cause to educate a few poor children at St. Anthony's Convent, has evolved into a vision that every child is given the best of opportunities to develop her talents and grow in character. St. Anthony's Convent believes that our Canossian brand of education continues to be relevant and our students to better meet the challenges of the future.





SCHOOL HISTORY

In August 1879, Fr Jose Pedra Santa Anna de Cunha of Saint Joseph's Church started a school for poor parishioners. As a result, the St. Anna's school with an enrolment of six students opened in Middle Road. In 1886, the school became known as St Anthony's Boys' and Girls' School and seven years later, the girls were separated from the boys, forming two schools. The first four Canossian sisters arrived to run the school for the girls, and there the poor and neglected found refuge. The younger girls attended school while the older ones learned sewing and embroidery. The 1900s marked the beginning of a new era of the school. Saint Anthony's Girls' School was renamed Saint Anthony's Convent in 1906. Subsequently, a new chapel quarters for the nuns, a kindergarten and first Junior Cambridge class (equivalent to Secondary 3 or 4) were added.

The school buildings survived World War II and the Japanese Occupation of Singapore. The Japanese military police took over the school and the sisters were placed under house arrest. In 1952, the older part of the school was demolished and a five-storey building was constructed in its place. The following year, the new school was officially opened.

To provide for better amenities, facilities and education in an ever-changing environment, the Primary and Secondary schools of St. Anthony's Convent moved to its current location at Bedok North Avenue 4 in 1995 under the leadership of Sr. Angela Ng and Sr. Cecily Pavri.

In 2002, the school introduced a new uniform to commemorate its first year of being a government-aided autonomous girls' school. 2002 ended with a watershed historical event of the handover of stewardship of SACSS to its first lay principal in its 108- year history.



SCHOOL SONG

VERSE 1

United in common endeavour
At work and play, life's lessons we learn
Our youthful hearts are filled with ardour
For truth and wisdom we yearn

CHORUS

Courageously with heads held high
We march ever on through life
Schooled in your spirit Canossa
For virtue, true nobility we strive
Schooled in your spirit Canossa
For true virtue we strive

VERSE 2

Our alma mater, our guardian, our guide
Prepare our spirits for duty's call
Our country to serve with virtuous might
We stand for truth and for right

The lyrics were penned in 1967 by Sister Carmen Dengah who was both teacher and principal from 1969-1976. Mrs Christine Kanagarajah, who taught for over 40 years from 1958 to 2000, composed the music.





SCHOOL CREST

Our school crest is used in all Canossian Schools. It depicts a four-pointed star with rays cast onto a book symbolising the Star of Wisdom radiating Knowledge. The Star represents lofty ideas stirring a person to great and noble deeds and stands for the four basic social virtues of Truth, Justice, Love and Freedom.

The shape of the School Crest is a shield that nurtures and respects the uniqueness of each child and our responsibility as educators to protect and nurture human dignity.

The Crown above the Crest symbolises the supremacy of God and for all to be fully alive in the Glory of God so that we may live "the way, the truth and the life".

Via Veritas Vita



FOREWORD

by SR ELIZABETH THAM
Supervisor/Canossian Schools

When Magdalene Gabrielle was born on 1 March 1774, it is said that her parents were deeply disappointed. In a patriarchal family like the Canossa clan, it was essential for a male child to carry on the family line. Their first-born in 1771, a boy, had died soon after birth while the second was a girl, Laura. There was another boy born after Magdalene, in 1775, who also did not survive. Fortunately a third boy Boniface arrived and grew up to continue the house of Canossa into the 20th century when the family line eventually ended.

Today the Canossa name continues to thrive, not in the family line, but in the religious congregation that Magdalene founded in 1808. More than 2000 of her spiritual sons and daughters are now spread in some 300 communities throughout the world. Canossian students and educators also claim Magdalene as Foundress in some 260 educational institutions and centres of learning in all continents. As we celebrate the 250th year

of her birth, let us re-dedicate ourselves and our schools to her and rejoice in the large Canossian family that has grown from the first seeds that she sowed in Verona.

This issue of the Magdalenian pays tribute to the significant milestones and events of the year, celebrating the ever-growing legacy and richness of Magdalene's indomitable spirit, her faith and her vision. I applaud the school leaders, the Canossian educators, support staff, students, alumni and parents who have all participated as Canossians to grow the school ethos, values and identity through study, work and play, with energy, vibrancy and much love. The Sisters and I support and endorse all your efforts, those visible and those hidden. Magdalene seems to be very alive at Bedok North!

May the Canossian spirit live on and shine ever brightly into the 250th year and into the years that follow. Ad multos annos! 🌿



OUR SCHOOL LEADERS **Messages**

(left to right: Ms Fiona Koh, Ms Melissa Yeo and Ms Chionh Chew Peng)



There is no better way to become Canossians of Influence than to serve others. When we make serving others our goal, our view of the world shifts and new possibilities emerge. Here in these pages are testaments of collective spirit, kindness and talents that define our Canossian community. It offers a vivid tapestry of the various interactions in our school that add value, empower others, and grow the community into a vibrant, ever-evolving family.

In faith we serve, with our hearts ablaze.
"It's Raining Raincoats", befriending services, and SAC Blaze.
With open arms, we offer resources, solace, and care.
A beacon of Canossian hope in a world that can be unfair.

In faith we serve, with unwavering trust.
Knowing that in God, we find our just.
Competitions for SYF, NSG, drills and academic challenges.
Each step, we remember our purpose and not lose our balance.

In faith we serve, with gratitude and grace.
Learning without mid-year exams, student diversity and One SAC, we embrace.
For learning beyond exams, beyond school and beyond streams, we receive so much more.
Building connections with alumni, parents, teachers, and friends that will endure .

MS FIONA KOH
Principal



It is with pride and gratitude that I share this message with you. Guided by the theme "In Faith We Serve." At our school, faith transcends religious beliefs; it's the unwavering belief in the potential of each individual and the power of unity in service.

In the corridors of education, we stand as beacons of hope, instilling knowledge, compassion, and integrity. Our faith in your abilities and your commitment to learning is what drives us. It's a faith that transforms young minds into future leaders, and it's this faith that keeps our school's spirit alive.

Service is the cornerstone of our ethos. In faith, we serve not just ourselves, but our community and the world. We nurture empathy, kindness, and responsibility in each student, forging a path towards a better, brighter future.

Remember, it's not just what you learn but how you apply your knowledge and skills that defines your journey. As future leaders, your commitment to service will shape the world around you.

In faith, we serve as a testament to our unwavering dedication to making a positive impact. Embrace your potential, stand by your beliefs, and let your service be a beacon of hope for all.

MS MELISSA YEO

Vice-Principal

Our theme this year, "In faith, We serve" embodies the spirit that inspires us to make a difference to all those around us. Beginning each day with the unwavering belief that our actions can transform lives, as a school, we discovered our strengths and purpose when we led and served in 2023.

Education in SACSS is not just about acquiring knowledge but also about the formation of hearts that serve with faith. Let compassion continue to be our compass, kindness our language, and resilience our spirit. With an enlightened mind and empowered spirit, SACians will continue to embrace challenges, support one another, and stand united in our pursuit of excellence.

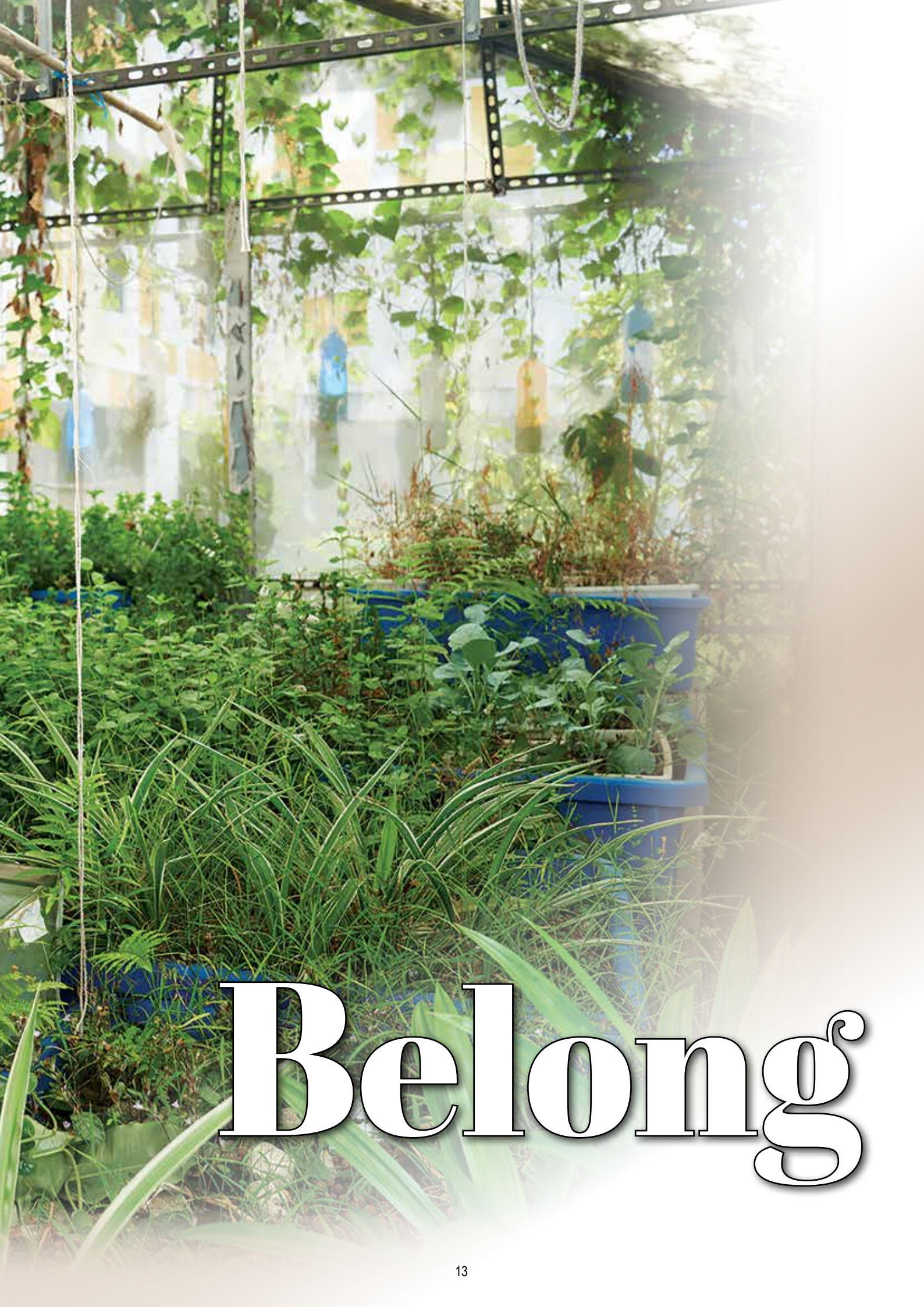
As Canossians of Influence, we are all architects of a brighter future. With faith in our competence and a commitment to service, we will continue to bring our brand of cheerfulness to our community.

MS CHIONH CHEW PENG

Vice-Principal







Belong

New Beginnings

A Glimpse into SACSS's Customised Orientation Programme



As the sun rose on a crisp and promising morning on 3 January 2023, the bustling multi-purpose hall in the school echoed with enthusiasm, marking the beginning of a brand-new academic year. What made this day extraordinary was not only the fresh and excited faces of the Secondary 1 students but also the excitement for the week-long tailored orientation programme.

For the eager Secondary 1 students, Week 1 was all about embracing the roots of their new educational home. Apart from activities for them to get to know their teachers and each other better, they also embarked on the SAC Roots Learning Journey to our original campus in Middle Road to explore the school's rich history. This not only instilled a sense of pride but also created a deep connection to the school's ethos.



The Secondary 2s and 3s on the other hand, dove into activities designed to strengthen bonds formed in 2022. With activities to develop their leadership skills, expose students to community service and encourage friendly inter-class competition, they built on their existing friendships that will foster a supportive environment for learning and growth in 2023.



Finally, the graduating classes took on a different path, with their programme focusing on exploring opportunities beyond the school's gates. SACSS alumni were also invited to share about how they employed various strategies to cope with the challenges in their graduating year.

At SACSS, the orientation programme is not just an event — it is a carefully-curated experience that caters to the unique needs of each student level, fostering a sense of belonging, growth, and preparedness for the future. It is a testament to the school's commitment to nurturing well-rounded individuals who are ready to embrace the world beyond their secondary education.



A Tapestry of Experiential Learning Activities / SACSS CAMpARADERIE



To forge lasting memories for our students, St. Anthony's Canossian Secondary School organises a wide variety of experiential learning activities for CAMpARADERIE, our annual series of school camps. SACSS's unique approach tailors our annual camp to the specific needs and developmental stages of the secondary levels, ensuring that every student leaves not only with new experiences but also with valuable life skills.

The camp was a rite of passage for the Secondary 1s as they got their first taste sleeping under the stars in tents and bonding over a memorable campfire. It instilled a sense of adventure and teamwork that will serve as a strong foundation for their years ahead. For the Secondary 2 students, they were immersed in Design Thinking processes and conceptualised their Values-in-Action projects that included causes close to their hearts, like reducing food waste, supporting the elderly and promoting environmental conservation.

The Secondary 3 students embarked on their 5-day Outward Bound School Experience, pushing the boundaries of their comfort zones. Although they returned looking a little worn, they built resilience, independence, and self-confidence, gaining a deeper understanding of their capabilities while navigating around Singapore.

For the Secondary 4s and 5s, the camp was a crucial preparation for life beyond secondary school. They engaged in intensive workshops on interview skills, career pathways, and self-discovery. Armed with self-awareness, they can step into the world with confidence, as they begin to chart their dreams and aspirations after secondary school.

For SACSS, CAMpARADERIE is more than just a tradition; it is a testament to the school's commitment to nurture Canossians of Influence. Each year, the camps reinforce our school's belief that the journey of education extends far beyond the classroom walls.



Staying Healthy and Joyful by the Beach / SACSS Jogathon



On 25 May 2023, the sun, sand, and sea witnessed the revival of much-loved tradition – SACSS’s annual jogathon, held at the picturesque East Coast Park. It was a day of laughter, camaraderie, and school spirit as students, teachers, school staff, and even some parents, gathered for a memorable event that brought the entire school community together.

The jogathon event was indeed a symbol of resilience and unity as students and educators spent the morning outdoors. Faces beamed with excitement as everyone laced up their running shoes and embraced the refreshing sea breeze.



Beyond the students’ categories, there was also the well-loved parent and teacher category, fostering an even stronger bond between home and school. Parents traded their daily routines for jogging attire, while teachers set aside their lesson plans to run alongside students, embodying the spirit of teamwork and camaraderie.



The jogathon was not just about racing to the finish line; it was about creating lasting memories. Friendships were forged, the entire SACSS family came together, and the shared experience was a reminder of the importance of cherishing moments that truly matter.

Even though the event ended by lunchtime, the joy, laughter, and sense of community lingered in the air. It was more than just a run; it was a celebration of the resilience of the school community and a testament to the enduring bonds that make SACSS a cherished institution to so many.



Stepping Beyond the Classroom

Learning Experience Week and Post-Examination Activities 2023

The 'Learning Experience Week' in May and our Post-Examination Activities in October are always exciting times that every SACSS student looks forward to. During these seasons, the various activities enriched the students' educational journey by fostering empathy, understanding, and a broader worldview.

The Learning Experience Week in May was a cornucopia of eye-opening experiences. From embarking on a rainforest expedition for the Secondary 1s to witnessing a powerful theatrical performance addressing mental wellness for the Secondary 2s, students were given the opportunity to explore a wide range of topics. Perhaps, one of the most profound experiences was when the Secondary 3 students delved into the lives of Singapore's migrant workers, gaining a deeper appreciation for the contributions and challenges faced by this vital part of the community. To deepen our graduating students' understanding of the Canossian ethos, they enjoyed a breakfast conversation session with the Canossian Sisters. In candid discussions, they learned about the nuns' lives, their sacrifices, and the values that drive their dedication to service. The week culminated in "Embracing Diversity Day," where students championed inclusivity and learnt to break down stereotypes.



After the intense examination period in October, the Post-Examination Activities provided students with a well-deserved break and the chance to explore their passions. Performance showcases revealed hidden talents, coding workshops opened doors to the world of technology, and the Talent Takeoff Programme allowed students to explore various industries. Cohort bonding games and activities were also a vital component of these post-exam events, strengthening friendships as students prepared to end an eventful year. While academic success is undoubtedly important, these out-of-classroom activities demonstrate our school's commitment to holistic education. In a world where empathy, understanding, and a broader worldview are highly valued, initiatives like these undoubtedly contribute to moulding passionate, responsible and empathetic Canossian of Influence.



Nurturing Canossians of Influence

A journey of continuous growth for Canossian educators

At SACSS, the mission of shaping every student into a Canossian of Influence is a proud endeavor that goes beyond mere academia. To accomplish this goal, teachers and staff continue to immerse themselves in an exploration of what it truly means to be a Canossian and how to develop unique Canossian educational experiences for our students.

Canossian Conversations

The year commenced with a burst of energy as educators from both St Anthony's Canossian Primary School and Secondary School gathered for the Canossian Conversations. The discussions that unfolded were nothing short of enlightening and enriching. Participants engaged in deep conversations about how to equip students with the skills and values needed to navigate the complexities of the modern world as Canossians of Influence.

Launch of the Revised Canossian Charter

In April 2023, every Canossian educator, spanning all Canossian schools across different academic levels, came together for the launch of the refreshed Canossian Charter. This event provided a powerful platform for all participants to reaffirm their unwavering commitment to the core principles of a Canossian education and explore how these principles can be translated into the unique context of their respective schools.

As SACSS teachers and staff embrace this journey of reflection and renewal, they are not just imparting knowledge; they are nurturing Canossians of Influence who will make a positive impact on the world.



Canossian Learning Journey to Italy

“Walking in the footsteps of St Magdalene and St Bakhita”.



[27 May to 12 June 2023]

33 people from the various Canossian organisations gathered enthusiastically at Changi Airport on 27 May 2023, anxious to travel from Milan to Rome on the Canossian Learning Journey to Italy. Although some in the group started off as strangers, everyone soon became companions on a journey brimming with love and care for one another.

At Verona, the birthplace of St Magdalene of Canossa, the group visited the elegant Canossa Palace, where they learnt how our Foundress' great love for the poor and disadvantaged moved her to begin her mission of the Canossian Daughters of Charity. At Shio, the group was further enlightened about the life of St Bakhita by

the stories shared by Sr Laura Maler. The learning journey finally culminated in Rome where the group braved the morning sun and waited patiently at St Peter's Square for the Papal Audience and Blessing. They were indeed richly rewarded when the Pope rode by just in front in his Pope's Mobile.

Inspired by their humility and generosity of heart, the group has been enriched and inspired to continue the legacies of St Magdalene and St Bakhita and to try and emulate St Bakhita's capacity to forgive. The formation of the heart should always be at the core of what SACSS does, and charged with St Magdalene's spirit of dedication and care for others, the group returned refreshed, ready to strive to model and teach the Canossian values with more conviction and zest!



Building Canossian Identity

About the Catholic Activities Council



The Catholic Activities Council (CAC) consists of a team of student leaders who work together to serve the Catholic community in the school by organising Catholic student activities. Led by Anne-Marie Cheong (3CM) as the President and Kelsey Elise Cheng (3CH) as the Vice-President, the CAC plans and executes programmes during various liturgical seasons such as Lent and Easter, as well as serve in the four annual school-wide masses and the fortnightly chapel masses. Additionally, each member serves under one or more of the four ministries, namely the Legion of Mary, the Office of Discipleship, the Office of Liturgy and the Office of Outreach.

As part of the new 2023 council, one of their earliest duties was preparing and running the schoolwide mass for the first time. It being their first project, CAC members had to lean on God and trust each other to ensure mass went smoothly. Through their work at CAC, members have come to realise that God is indeed ever-present every day and that in the face of burnout, stress and frustration, they can always turn to Him for strength.



Champions of Passion and Growth

Canossian Co-Educators



At the heart of our vibrant school community, the Canossian Co-Educators (CCE), our passionate parent volunteers, stand as a beacon of inspiration. Their partnership with the school takes on various forms, fostering a sense of togetherness and growth.

At the core of their involvement lies our active Gardening Committee, a team of green-thumbed enthusiasts tending to an array of plant life, from the Ecological Trail to the Herbal Garden, vertical garden, and bountiful edible crop plots, to name a few. Every Thursday morning, these committed parents, joined by Mr. Hamzah, our teacher-in-charge, gather to nurture and cultivate our green havens.

Yet, our CCE extend their efforts beyond gardening. They are the driving force behind fundraising activities, including the Mothers' Day, Sports Day, and Teachers' Day Sales. These efforts channel proceeds towards the St. Magdalene's Fund for the students' benefit. Their artistic talents shine as they created various unique handicrafts, nurtured potted plants and crafted tea bags, showcasing the concept of "from-garden-to-table".

Moreover, our CCE generously share their expertise through engaging workshops on gardening and crafts, enriching the knowledge of fellow parents, students, and staff. A highlight was the lantern-making session for both students and staff, a cultural and creative endeavour held in partnership with the Mother Tongue Department, adding a special touch to the Mother Tongue Fortnight and Chinese New Year celebrations. Not to be overlooked is their key initiative, the Prom Night, a momentous occasion to mark the culmination of our graduating students' journey in SACSS.

Our CCE sow the seeds of community, stimulate growth and exemplify boundless generosity in the SACSS family, continuously inspiring and elevating our school's spirit.



Of Gratitude and Thankfulness

Staff Appreciation Day Celebrations



On 31 August 2023, we celebrated Staff Appreciation Day to show our gratitude and appreciation towards our teachers and school staff for showering us with the utmost care, concern, and support every day. The day kicked off with a class party and the festivities began with a singalong session. Voices rang out, and laughter echoed throughout the classrooms as students and teachers showcased their vocal talents. The sense of unity among the students and staff grew stronger as bonding games followed, reflecting how we students expressed our gratitude to our teachers, creating lasting memories that would be cherished for years to come.

In retrospect, this day at SACSS was not just about fun and entertainment; it was a celebration of unity and talent within our school. The class party and bonding activities in the morning brought students and teachers closer together, fostering a sense of community that is at the heart of our school spirit. As we reflect on this day, it is clear that SACSS is more than just a place of learning; it is also a vibrant community where relationships are nurtured, and talents are celebrated. We eagerly look forward to more of such events that bring us closer together and showcase the incredible abilities within our school.



Students and staff then made their way to the hall and the performing arts Co-Curricular Activities took centre stage. Students from the Guitar Ensemble, Concert Band, Angklung Ensemble, Indian Dance, Modern Dance and Percussion Band displayed their exceptional talents through a series of captivating performances. There were also guest performances from the staff, as well as one which included Ms Mary Lou, manager of Good News Café, together with our Principal, Ms Fiona Koh. From mesmerising dance routines to soul-stirring musical performances, the crowd was treated to a delightful blend of music, dance and drama.



Teachers Need to Have fun Too!

Staff bonding and wellness



SACSS takes pride in providing for staff well-being and wellness through staff bonding activities and events. Over the year, staff took part in events such as cooking classes and sports activities and had celebrations for Chinese New Year, Hari Raya Aidilfitri, Deepavali and Staff Appreciation Day. Through these events, different members of the school community including both teaching and non-teaching staff participate in events that provide opportunities for everyone to interact with each other as well as to promote staff bonding and cohesion. This helps to build a community of staff with a sense of belonging and a Canossian identity.



At the end of Term 2, we had culinary staff bonding sessions taught by Mrs Monica Menon. Held over two separate sessions, participants were engaged as they learnt to make chapati, naan, chicken curry and tandoori chicken. The hands-on experience taught participants the art of crafting soft, round chapatis and learnt invaluable tips for crafting the perfect naan. Participants made the dough from scratch and had fun kneading the dough as they helped each other along the way. Some discovered a newfound passion for Indian cooking as they realised that creating flavourful chicken curry and delectable tandoori chicken was not as tedious as expected. It was a culinary journey filled with rich aromas and delicious flavours, and it was a memorable gastronomic adventure to be learning alongside colleagues. Participants were also treated to masala tea and biryani rice too!

Teacher's Day Lunch

Staff Appreciation Day 2023 ended with a hearty lunch for staff, where staff had voted to dress up to the theme of 'Masquerade'. Some staff put in every effort to dress to the nines with their tiaras, gloves and jewels, while the young-at-heart opted to masquerade as cartoon characters, or appeared in onesies and pyjamas! The afternoon was peppered with lucky draws and light entertainment from a deejay duo, and it was over all too soon! Till the next time, Happy Teacher's Day!



Celebrating Singapore

NE Events



The school came together to celebrate Singapore's success and unique identity in the region through various school events this year. We commemorated Total Defence day by reminding ourselves of the importance of resilience as a nation, and rejoiced in the camaraderie while celebrating International Friendship Day and Hari Raya Aidilfitri. We also celebrated Racial Harmony Day by taking a trip down memory lane, reminding ourselves to turn diversity into a source of strength for the nation.

Total Defence Day

To commemorate Total Defence Day, the Humanities Department infused Education and Career Guidance into the assembly programme by inviting some of our former students to share their experiences in contributing to Singapore's Total Defence through their careers. We had Nurse Angeline, Dr Asma and Nurse Krystal share about their fulfilling and meaningful careers in the healthcare sector, and ME1 Dawn and 2LT Emily share about their journey in the military sector. It was definitely an eye-opening presentation for everyone. Apart from sharing about the various roles they play in serving our nation through their careers, they also provided valuable insights into the nature of their work, recounting the joys and challenges of their respective industries.



International Friendship Day and Hari Raya Aidilfitri

Students started off the celebrations by sharing about their research project on the importance of cooperation between ASEAN countries to solve geopolitical issues and strengthening relations in the region. The celebration culminated in a concert with performances and quizzes, where staff and students were encouraged to come to school in their Malay or traditional costumes to celebrate the occasion. Performances by our very own students and staff represented the diverse international cultures in Singapore featuring the renowned regional sport, Silat, and the Indonesian musical instrument, the Angklung. The audience were also treated to an engaging performance of the popular Malay art form, 'Dikir Barat', by the teachers, students and non-teaching staff.

Racial Harmony Day

The school commemorated Racial Harmony Day by going back to the importance of racial harmony in Singapore. Video clips on topics such as growing up in an interracial family, lives of migrant families in Singapore, and addressing racial stereotypes were shown daily in the week prior. Our Secondary One, Two and Three G1 students portrayed the journey of our multicultural society and highlighted policies like the Ethnic Integration Policy and the Maintenance of Religious Harmony Act. The school was reminded that we all play an important role to strengthen racial and religious harmony in our

SACSS Celebrating Diversity

In SACSS, celebrating diversity is not just an occasion, but a way of life. Our commitment to fostering unity and understanding among our students, staff, and stakeholders reached new heights as we embarked on a vibrant journey of ethnic cultural celebrations.

Chinese New Year

Before the Chinese New Year celebrations, our Co-Canossian Educators ventured into the lower secondary classes and facilitated a lesson on making lanterns using 'hongbaos' or red packets. Our upper secondary students had a session where they honed their skills in painting Chinese lanterns and fans. These creations adorned our classrooms and contributed to the day's festivities. Along with this, we had a memorable Beginning-of-School-Year Mass and Chinese New Year concert. At the end of Mass, our celebrant, Friar Derrick Yap, serenaded us with a surprise song performance. Our students' festive singing, the resounding beat of the Lion Dance, the rhythmic cadence of the 12 Seasonal Festive Drums, the graceful movements of the Red Ribbon Dance and our Modern Dance troupe filled the air with an electrifying energy during the concert. After not having the elderly from Sunlove Chai Chee Active Ageing Centre join us over the past few years, it was heartwarming to have them join us for the festivities once again.



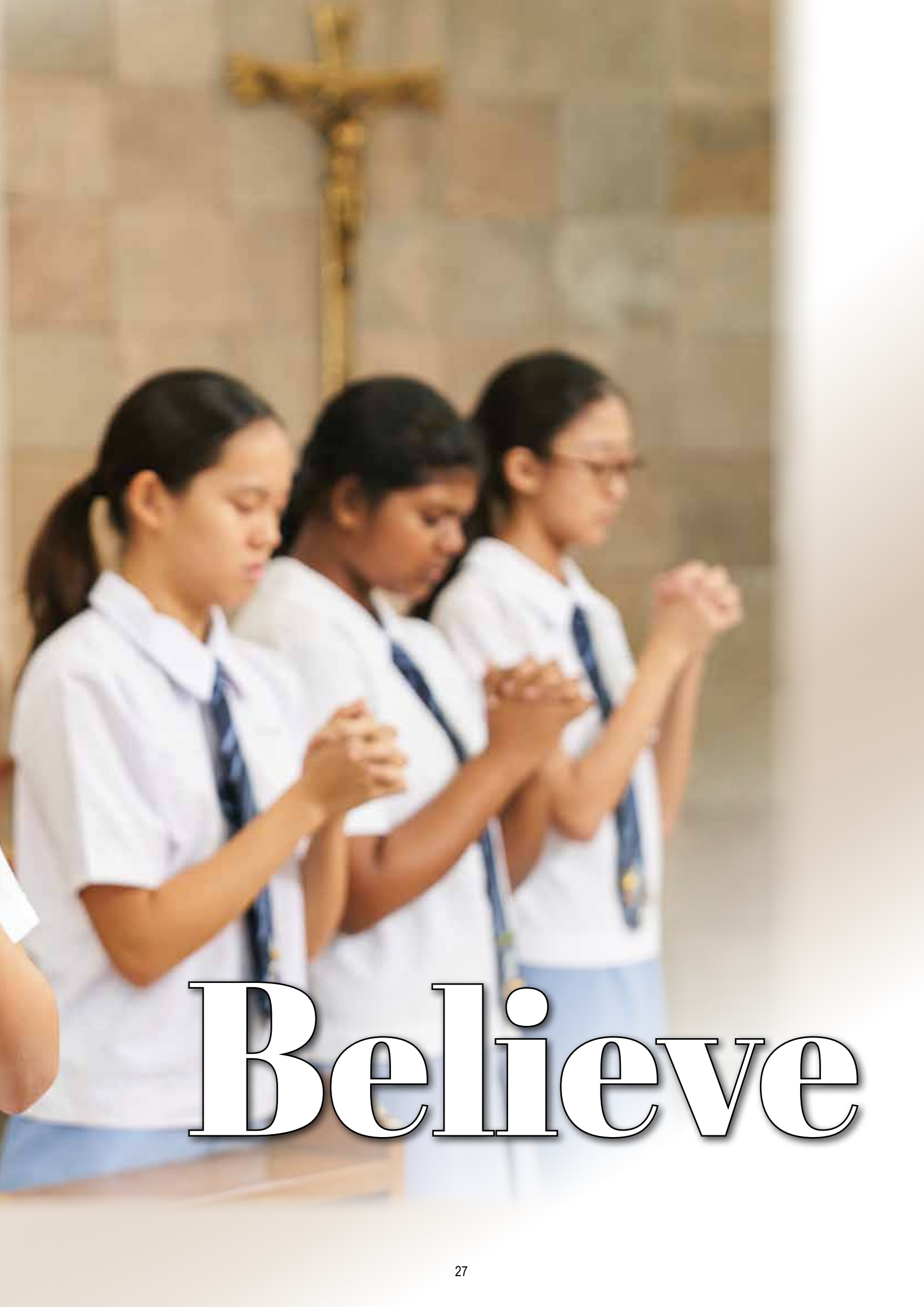
Hari Raya Aidilfitri

Our Hari Raya Aidilfitri celebrations began with a sharing by our alumni and international students, who shared about their unique observances of this festival. The spirit of Hari Raya Aidilfitri shone through with insightful discussions on the fasting month of Ramadan, allowing our students to develop a deeper understanding of the festival. Finally, our international students also shared about their experiences at the Geylang Serai Ramadan bazaar. The rich tapestry of Malay culture was woven into the programme through riveting performances of Silat, Dikir Barat, and traditional folk songs.

Indeed, these celebrations were more than just festive events – they contributed to building an enlightening journey showcasing the diverse threads that make up the fabric of our school community.







Believe

Diverse Programmes for Diverse Needs

Performing Arts Education Niche



In a pivotal year for SACSS's Performing Arts Education, the Full Subject Based Banding initiative brought students together, promoting cross-level collaboration and appreciation for diverse talents. Amidst class mergers, students seized the moment, crafting compelling performance pieces. It has been a wonderful experience celebrating drama, diversity and delightful collaborations.

Breaking new ground, students from 2 Cheerfulness immersed themselves in a Jam Band module, led by Ms. Charlene Lee and Dr. Jeremiah Li. Encouraging self-directed learning, students chose instruments and songs ranging from Taylor Swift to Korean sensation Lee Hi. Dr. Li's Music Enrichment module for lower secondary classes delved into songwriting, utilising tools like chord generators and ChatGPT for lyrical finesse.

The Secondary 1 cohort delved into the "Scotify" Performing Arts-based Learning Programme by the Singapore Chinese Orchestra, enhancing their musical understanding. A collaboration with the Singapore Symphony Orchestra provided 62 students with a unique voluntary experience, and arranged for students to attend a concert and a free music and movement workshop.

Solidifying its reputation as an incubator for budding artists, SACSS offered Drama Elective Programme students a rare workshop with UK-based Frantic Assembly. Secondary Three Drama students, mentored by How Drama, made history at the Singapore Youth Festival Celebrates Concert, marking the debut of drama in the SYF Celebrates Concert. SACSS remains dedicated to nurturing well-rounded 21st-century skills in its students, providing invaluable opportunities for artistic growth and public showcases.





Talent Take Off Programme



The Talent Take Off programme is a customised lower secondary programme based on the principle of Inquiry-Based Learning. In Secondary One, this programme guides students in exploring various career pathways of their choice. They learn job skills and have hands-on industry experience in Engineering, Music Production, Media, Food Waste, Sustainability and Art Curation. Their journey continues in Secondary Two with an application of their learning through a social innovation project with a community partner.



In 'Design for Change', students learnt how to use Design Thinking concepts to plan and execute a community project with selected focus areas on Sustainability, Food/Textile Waste, and Design to improve the lives of the Elderly and people with hearing loss. Through a 2-day workshop on developing the "I Can" mindset, students were brought through a process

of building empathy using an empathy map, practising research skills, interviewing stakeholders, and finally creating a storyboard to help them draft a holistic problem statement for their community partner. Ideas were then refined using various facilitation tools, and after presentation, feedback and rehearsals, the groups implemented their project during the mid-year Learning Experience Week.

The groups promoting sustainability and food waste reduction went forth to advocate for their selected causes, sharing with the school population the need to change their daily habits to reduce the deterioration of our environment.

The campaign to reduce textile waste culminated in a Fashion Parade where the group re-designed old clothes into new and fashionable forms. To help students with hearing loss, the project group created posters and visuals for canteen vendors and the bookshop to better communicate their wares using visual cues. Carnival-style stations were also set up for schoolmates to experience and understand the challenges a person with hearing loss faces.

Finally, the groups working with the elderly went to St. Joseph's Home and Sunlove Chai Chee Senior Activity Centre to conduct workshops, games, and sing songs with the beneficiaries. From learning about careers to stepping up to serve the community, our Secondary Two girls grew in understanding their strengths and talents. They took off to be agents of change for the community!

Fun For A Cause

SAC Blaze 2023

By Andrea Tan Lixin (3FG), Chan Bing Hui, Aimee (3FG) and Sneha Agarwal (3CM)



The much-anticipated SAC Blaze set hearts and spirits ablaze as students, parents and staff came together to participate in a fun-filled morning for a noble cause. Secondary Three students were given the opportunity to give back to the community by raising donations for an organization of their choice and aid them in their mission in helping those in need. Every Secondary 3 class had to set up a booth, in which classmates had to work together to raise funds for their selected beneficiaries.

SAC Blaze teaches Secondary 3 students how to plan and carry out a Values In Action (VIA) project with limited aid from teachers. This process requires proposal making, liaising with the beneficiary of choice, budgeting, adaptive thinking and problem solving. Through SAC Blaze, the Secondary 3 students also forge stronger bonds with their classmates and learn how to work together to create and manage a successful fundraiser, which serves as a way to develop class spirit and teamwork.

Visitors were treated to thrilling carnival games including an escape room and haunted house, food stalls, bouncy castles and even a Wipe Out inflatable game. Water-based games such as reverse dunking proved to be an ever-popular hit with the students and perfectly combated the hot weather. There was also a karaoke game stall set up by the Secondary 2 LiTs.

When interviewed about her experience in SAC Blaze, Lea Jaccard from 3 Commitment said, "I feel that SAC Blaze was extremely memorable this year as I was able to make meaningful memories with my classmates and friends. I was able to work with them and gain the experience of creating and manning a booth with the help of my classmates."

SAC Blaze not only showcased the vibrancy of the SACSS community but also encapsulated the true spirit of giving and learning. It was a memorable event filled with laughter, camaraderie, and the knowledge that together as one 'Team SAC', we can make a difference in the community.





SAC Blaze

Navigating Education Pathways and Charting Futures

/ Education and career guidance at SACSS



Secondary 3s

In March, the Secondary 3 G2 students attended ITE's Applied Learning Module (ApLM@ITE) to learn about possible educational progression and career pathways. Through the hands-on practical sessions, students had the opportunity to discover how the knowledge and skills learnt can be applied to related industries.

In May, the Sec 3s visited Ngee Ann Polytechnic's School of Health and Sciences and Republic Polytechnic's School of Sports, Health, and Leisure to learn about the wide range of courses and opportunities offered.

In the June and November holidays, the Sec 3 Career Exposure programme provided students with an invaluable opportunity to develop their professional skills and career awareness. Students could explore various career interests, enabling them to make informed decisions and enhance their portfolio-building skills. Through participating in this programme, students gained practical, real-world experience and acquired industry-specific skills to prepare them for future career opportunities.

Highlights of the Career Exposure include:

- Youth ChangeMaker Programme, which was a job-shadowing initiative by Make The Change,
- Career Exposure with Frozt, where students were allowed hands-on experiences at pop-up events and
 - Job-shadowing experience with IRx Clinical Pharmacy, where students got to observe how clinical pharmacy services are provided.

In July, Singapore hosted the 13th WorldSkills ASEAN Competition 2023. Our Secondary 3 G1 students attending this event had the opportunity to explore and develop their interests and strengths and apply their learning in real-world contexts to make a difference in their areas of passion.

Secondary 4s

As part of the orientation programme, 47 alumni were invited back to share how they prepared and made decisions concerning their post-secondary pathways. The presenters focused on study tips and preparing portfolios for DSA/EAE applications. The presentations were class-based, and the sessions were customised according to subject combinations and streams. The presenters from the different institutions provided diverse insights into the various pathways, experiences, and stages of education. During their level camp, the Sec 4/5 cohort also signed up for the Temasek Polytechnic's Taster Workshops. Various disciplines, including Informatics & IT, Design and Applied Science, were covered as part of this initiative.

The ECG Committee organised a Career Talk for our 4NT and 4E5N students on 16 May. Ex-students returned to share information about their educational pathways and the decision-making process behind career choices based on their strengths and interests. The presenters came from various backgrounds including Media and Production, Social Services & Early Childhood, Business & Finance and Medical & Sciences. The cohort signed up based on their interests.

The focus of the sharing included:

- Being informed and open to various pathways to get to where they want to go
- Passion vs Practicality: Exploring possibilities of getting the best of both worlds
- Understanding the decision-making process when looking at career options



New Horizons

SACSS Opens Doors to Student Learning Through Exciting Overseas Adventures

This year, SACSS embarked on two captivating overseas learning journeys, which took place in October and November. Students had the unique opportunity to choose between two incredible destinations: Bali, Indonesia, and Taiwan. These learning journeys were designed to provide students with invaluable cultural experiences that go beyond the confines of traditional classroom learning.

During the six-day Bali tour, students immersed themselves in Balinese culture through captivating dance performances and delved into the world of Balinese literature. They also had the privilege of visiting the renowned Green School in Bali and engaging in meaningful activities with students from our affiliate school in Bali. This immersive experience allowed our students to gain profound insights into a vibrant and unfamiliar culture. Additionally, the trip breathed life into their geography lessons as they applied their knowledge in the rich and diverse environment of Bali.

Besides Bali, there was also another learning journey to Taiwan. This was the result of a collaboration with the Centre for the Advancement of Science Education (CASE) at the National University of Taiwan. A standout feature of this programme was the visit to Taiwan Middle School and Ginling High School, where our students actively participated in lessons alongside Taiwanese students. This hands-on experience not only enriched their understanding of science but also broadened their horizons by witnessing how Taiwanese people tackle daily challenges in a unique environment.

Both trips allowed students to gain valuable insights, offering them perspectives distinct from their Singaporean upbringing.



Growing Leaders through Service

How SACSS develops students into leaders with empathy and a heart to serve.

At SACSS, the leadership development of all our students is aligned with our vision of developing a community of leaders and learners by forming hearts, enlightening minds, and empowering spirits to live in The Way, The Truth and The Life.

Student leaders are core to a vibrant school life. We believe that our student leaders not only have the capacity to shape the culture of the student experience but also the ability to amplify impact. In SACSS, every girl is a leader in her own right. Leadership does not require a formal title or position. Instead, it is a conscious choice to make a positive difference to others by stepping up.

Our student leadership developmental programme is anchored upon three key principles of Student Co-Agency, Intentionality and Coherence. Leadership is encouraged through student voice and agency as students work together to foster a positive school culture.

With the support and mentorship of the senior student leaders and teachers in the Student Leadership Team, the team co-creates and co-designs various school programmes and initiatives. Student co-agency allows them to take ownership of their learning, express their creativity and identity, develop their skills and competencies, and grow as leaders through serving the community.





OUR STUDENT LEADERS RESPOND:



What is the one thing that makes you most proud of SAC's Student Leadership Team?

One thing that makes me most proud of SAC Student Council is how fast everyone can come up with a solution or an idea. I have learned that no matter what kind of event we are tasked to execute, we always come up with good ideas and make the event happen together. Everyone around me isn't quick to judge, and the teachers are the most supportive ones I could ever ask for.

- Lee Chichanok, 3 Charity



What do you value most about SAC's Student Leadership Team?

What I value most about SAC Student Council is the sense of purpose and shared vision that unites us. We all come from different backgrounds and have unique perspectives, but our commitment to our mission and the support we provide to one another are what I treasure most.

- Qatina Rizqi, 3 Commitment

The opportunities that the teachers entrust us with help us grow as leaders by allowing us to contribute to the school and the community. I've become a more forward-thinking student and citizen. Without the support of the teachers in my Student Leadership Team and my friends, I would not be where I am as a leader today.

- Natalya Khairudin, 3 Commitment



What is the hardest decision you have to make as a leader?

The hardest decision I have ever made as a leader was whether to actually join the council. Although I knew that I wanted to be in the council, I was hesitant because I felt that I might not be able to juggle all my responsibilities. However, after doing some soul-searching and speaking to my teachers and parents, I decided to seize all the opportunities I get, rather than regret not even trying.

- Myeisha Durrah, 3 Faith



What does it mean to be a good leader in three words?

(It means having the) Willingness to try.

- Sneha Agarwal, 3 Commitment

Empowering Beyond Textbooks

SACSS's Academic Adventures



At SACSS, education transcends the confines of textbooks and classrooms, emphasising the practical application of knowledge. Students immerse themselves in a myriad of experiences, enhancing their academic prowess through real-world engagements that extend far beyond conventional assessments.

Our students make the school proud by applying their learning experiences in competitions. Notably, students participating in the National Schools Literature Festival showcased their love for literature, clinching Gold at the Choral Speaking Competition and triumphing in the Unseen Poetry Debates, exemplifying their literary finesse.

Geography students became advocates for change, and won Gold and Silver awards in the National Youth Upcycling Movement Competition. Their success not only underscored their grasp of conservation but also

showcased their ability to implement change through upcycling, mastering advocacy and project planning in their community endeavors.

The Science Research Programme stands as a testament to SACSS's commitment to nurturing scientific inquiry. Lower secondary students delve into research modules, unraveling the mysteries of scientific exploration. Upper secondary students, delving deeper, immerse themselves in molecular science and even plant gene cloning within the school's very own Science Research Lab.

SACSS encourages learning that transcends theoretical boundaries. By offering authentic settings for application and exploration, the school not only equips students with academic knowledge but fosters a culture of practical learning, empowering them to become adept, innovative thinkers ready to conquer the challenges of the real world.

Celebrating Unity and Physical Prowess

/ OneSAC Sports Day



At SACSS, the spirit of physical excellence intertwines seamlessly with a celebration of camaraderie and national pride. This year's sports day went against the conventional format, blending fitness and skill with Singapore's 58th birthday jubilation. The event was a fusion of athleticism, teamwork, and patriotism, encapsulating the essence of being a part of 'One Big SAC Family'.

The day commenced with a special flag-raising ceremony. The march past by the NCDCC and Girl Guides CCAs and the resounding beats of the school's Percussion Band CCA painted a vibrant canvas of national unity and pride.

Departing from the typical sports day arrangement, the day's activities delved into an array of engaging contests that tested speed, stamina, agility, teamwork, and resilience. Embracing inclusivity, unique games like "Minute to Win It" and the challenging "Flip the Cone" fostered an environment where every student was given an opportunity to represent their class.

The crescendo of the day was a spectacle of energy and talent. The Cheerleading Finals and a vibrant Mass Dance showcasing a modified version of the GetActive! Singapore Workout 2023, choreographed by the school's Modern Dancers, added an exuberant flair to the celebrations.

OneSAC Sports Day 2023 was a testament to the school's unity, where every participant, regardless of their athletic prowess, came together as a cohesive SACSS family. Through this day, SACSS once again proved that physical excellence is not just about winning competitions but about fostering a community where everyone shines in their unique way, celebrating unity, fitness, and the joy of being in SACSS.







Become



Pinnacle Awards

St. Magdalene Award - *Felysha A'in Mohamed Shahril*

The St. Magdalene Award is conferred upon the graduating students who best display compassion and service, the traits of St Magdalene, and who are holistically developed in the areas of Character, Leadership and Service.

Felysha is a dedicated student who served as the Head Girl in 2022 and 2023. She went beyond her comfort zone to organise and support school events, fostering a positive SAC community and inspiring her peers to join the Student Leadership team. She modelled positive leadership, empowered others to contribute, and fostered growth and teamwork in the Student Council. Leading with compassion and competence, Felysha is truly a Canossian of Influence and aligns her leadership with the school's vision and goals.



"It is with humility and immense gratitude that I accept the St Magdalene's Pinnacle Award. I am deeply moved by the unwavering support of my teachers, friends and family who have guided me during my time in Student Leadership. I am sincerely thankful for SAC's invaluable belief in my potential."

- Felysha A'in Mohamed Shahril (class 4.8)

St. Bakhita Award - *Soriano Joreen Ross Cervantes*

This prestigious award is presented to the graduating students who have overcome significant personal difficulties to succeed and grow as Canossians of Influence.

Joreen has demonstrated fervent dedication in her capacity as the President of the Catholic Activities Council. She organised diverse activities and engaged in servant leadership within various ministries. Joreen worked closely with her team members, by addressing challenges and empowering them, while remaining ever-present to provide support. Despite facing personal hardships, she demonstrated remarkable perseverance and remained dedicated to her role as a student and a leader.



"It was all thanks to the guidance and support of my teachers and peers. This has inspired me to continue to stay positive and to bring the Canossian spirit with me no matter where I go."

- Soriano Joreen Ross Cervantes (class 4.7)

Once a Canossian, always a Canossian

We are always proud to have our alumni returning as guests-of-honour, to celebrate the achievements of our current students, and to inspire them to become Canossians of Influence. This year, we are honoured to have Ms Emily Yeow, Ms Danielle Lim and Ms Jolena Ang join us on Canossian Awards Day (Academic), Canossian Awards Day (Achievement, Leadership and Service), and Graduation Day respectively.

Emily Yeow

Ms Emily Yeow commenced her career as a litigator with Wong Partnership LLP in Singapore, gaining additional experience in Europe and the United States. Throughout her career, she has focused on people, performance management, and crisis management. Currently serving as the Chief Operating Officer of Allen & Overy LLP in Singapore since 2011, Ms Yeow not only excels in her professional role but is also a passionate baker and cook with a keen interest in testing out recipes. Ms Yeow encouraged students not to fear exploring different paths in life, emphasizing how the nurturing environment of the school played a pivotal role in her journey to her current position.



Danielle Lim

Ms Danielle Lim, a dedicated athlete on the Singapore National Wrestling Team, has represented Singapore in numerous competitions, earning several medals. Her motivation and determination proudly contributed to a Silver medal for the Singapore Team at the 2023 SEA Games in Cambodia. Despite facing challenging family circumstances, Ms Lim's resilience and success make her an inspiring role model for every SAC student.



Jolena Ang

Ms Jolena Ang, a lawyer, football enthusiast, and sleep-deprived mother of one, commenced her career at Drew & Napier LLC, one of Singapore's "Big Four" law firms, specializing in intellectual property. Currently serving as the Vice-President (Legal Counsel) of a multinational food company headquartered in Singapore, she holds science and law degrees from the National University of Singapore under the Life Sciences and Law double degree program. Ms Ang also sits on the Board of Directors of FootballPlus Limited, a registered charity reaching out to at-risk youths through football. She is an exemplary model of pursuing passion both at work and at play, utilizing her unique skills and expertise to contribute positively to the community.



National Day Awards

SACSS is honoured to extend our heartfelt congratulations to the exceptional educators who have earned a place of distinction in the National Day Awards this year. We are proud of Madam Wu Lin who received a Commendation Medal, and Madam Kok Seok Hwee, and Mr Hamzah B. Mohamed, who have been awarded the Long Service Medal.

This recognition is a testament to their dedication, outstanding performance, efficiency, and exemplary conduct. Their tireless commitment to their duties has not only enriched our school but has also set a shining example for all.

We, at SACSS, are bursting with pride for these remarkable individuals who have demonstrated unparalleled excellence in their service.



(from left to right)

Long Service Awardees:

Mr Hamzah B. Mohamed

Mdm Kok Seok Hwee

Commendation Awardee:

Mdm Wu Lin

Lee Kuan Yew Award for Outstanding Normal Course Students



Petrina Tan Li-Jung, an outstanding alumna of SACSS, has been awarded with the prestigious LKY-ONC award for Normal Academic and Normal Technical students in 2023. This accolade celebrates her remarkable achievements, not only in the realm of academics but also for her exceptional contributions in non-academic spheres. Petrina's unwavering dedication and remarkable accomplishments exemplify the spirit of excellence that this award seeks to honour.

"SAC taught me to speak up, have faith in my goals, persevere through the tough times and be grateful for the good times."

- Petrina Tan Li-Jung

Canossian Awards Day

The Canossian Awards Day is a tribute to the remarkable achievements of our students, spanning both the areas of academic excellence and their invaluable contributions beyond the classroom walls.

In March 2023 we recognised students' academic achievements while the most recent awards day in September of this year was an occasion to support their change into dynamic student leaders, recognising not only their leadership but also co-curricular achievements and their dedication to both school and the community.

We were privileged to bestow the Thio Ying Ying Bursary upon three exceptionally deserving students, a testament to the indomitable spirit of volunteerism. This endeavour, generously sponsored by the family of the late Mrs Thio Ying Ying—an illustrious graduate of SACSS—embodies a commitment to fostering active community engagement among our students. We were honoured to have Mrs Wally Lau, the mother of the late Thio Ying Ying, bestow this bursary upon our students.

Our Principal, Ms Fiona Koh, in her closing words, encouraged students to welcome challenges as opportunities to learn. She said that if our students wholeheartedly strived for excellence, mediocrity would remain ever distant.



Graduation Day

Graduation Day was marked by a bittersweet blend of joy and nostalgia as we bid our girls farewell and wished them success in their future endeavours. Amidst the celebrations there was a poignant undercurrent with laughter and tears, as the girls move forward on their path towards fulfilling their ambitions. The hall was full of parents and teachers filled with pride at the achievements of these remarkable young women.





Lead and Serve

OUR CO-CURRICULAR ACTIVITIES

2023 has been an exceptional year for our Co-Curricular Activities (CCA), marked by success and meaningful achievements. Our commitment to nurturing students' holistic development through a diverse spectrum of activities has paid off as evidenced by the successes achieved in various ways.

The sports CCAs achieved good results at the Singapore Schools Sports Council (SSSC) National School Games (NSG), with our handball athletes crowned champion in the 'B' and 'C' Division Handball Tournament, and our Track and Field team achieving 4th place in the NSG 'C' Division Cross Country Championships. Additionally, for the first time, our Taekwondo CCA was awarded 1st place (Kyorugi) and the Overall Champion for the 'B' Division.

Our students in the performing arts CCAs also demonstrated remarkable hard work with an impressive showing in the Singapore Youth Festival (SYF) Arts Presentation 2023. The Choir, Drama Club, Guitar Ensemble, Indian Dance and Percussion Band CCAs were awarded Certificates of Distinction for their confident and excellent performances.

Not to rest on their laurels, our uniformed groups planned meticulously and ensured that their CCA activities were carried out meaningfully and progressively. For their efforts, the Girl Guides were awarded the Puan Noor Aishah Award (Gold), and the National Civil Defence Cadet Corps achieved a 'Distinction' for the Unit Overall Proficiency Award, which are both the highest awards for the respective uniformed groups.

The success of our CCA activities in 2023 can be measured not only by trophies and awards but also by the development of our students' skills and character. While not every CCA achieved pinnacle awards in their respective fields, through their training and activities, they have certainly honed their skills and experienced personal growth and development.

Well done SACSS!



With faith, hope and love,

Mr Jimmy Choo

Subject Head (CCA)

SPORTS AND GAMES

TAEKWONDO

SSSC NSG Taekwondo (Poomsae & Kyorugi) Championships

■ Individual

Sophia Margareth Espeleta Relos / 2 Competence

Poomsae - 3rd Place (Poom 2) - C Division

Ong Shi Ni, Kacey / 3 Faith

Poomsae - 2nd Place (Red 1) - B Division

Kyorugi - 1st Place (Red Under 56kg) - B Division

Simone Bhardwaj / 2 Forgiveness

Kyorugi - 1st Place (Red Under 46kg) - C Division

Tay Zixuan, Florence / 2 Competence

Kyorugi - 2nd Place (Poom Under 54kg) - C Division

Nah Xin Ning / 2 Commitment

Kyorugi - 3rd Place (Poom Under 58kg) - C Division

Roldan Beatriz Mari Andrea Arroyo / S4-7

Kyorugi - 2nd Place (Red Under 56kg) - B Division

Anne-Marie Cheong Hsi Yan / 3 Commitment

Kyorugi - 2nd Place (Poom Under 40kg) - B Division

■ Team

Poomsae - 4th Place (Yellow 7) - C Division

Flora Lim Shu Ying / 2 Charity

Angie Lin Enqi / 2 Commitment

Foo Kit Yee, Natalie / 2 Commitment

Poomsae - 3rd Place (Red 1) - B Division

Angelica Chua Wee Qian / S4-2

Roldan Beatriz Mari Andrea Arroyo / S4-7

Ong Shi Ni, Kacey / 3 Faith

Poomsae - 1st Place (Black 2) - B Division

Aleeya Syakeera Binte Effendy / S4-2

Larissa Neo Su En / S4-8

Amelia Poh Xing Hui / S4-9

■ Overall

Kyorugi - 1st Place (Overall Champion) B Division

Kyorugi - 3rd Place (Overall Champion) C Division

TRACK & FIELD

SSSC NSG Cross Country Championships

■ Individual

Top 4 Team Medal (C Division)

Poon Keling, Charlotte / 2 Competence

Alexis Tan Ze Qian / 2 Charity

Aashi Lareesha Kaur / 1 Cheerfulness

Chek Mei Xun, Kallista / 1 Forgiveness

Naomi Maegan Ng Jia En / 2 Humility

Pujeda Athena Raiza Linao / 1 Forgiveness

Wong Yan Yee, Jane / 1 Charity

Lee Kah Eng, Natasha / 1 Cheerfulness

SSSC NSG Track And Field Championships

■ Individual

Cara Tan Wen Shuen / 2 Faith

Top 5 Medalist (C Division)

Hui Wai Yung Claudia (Xu Hui'en) / 2 Faith

Top 6 Medalist (C Division)

HANDBALL

B & C Division Handball Tournament

■ Overall

First Place

UNIFORMED GROUPS

NATIONAL CIVIL DEFENCE

CADET CORPS

Year Of Assessment: 2022

■ Individual

Chew Yu Run / S4-3

Best Unit Cadet 2022

■ Overall

NCDCC Unit Overall Proficiency Award (Distinction)

Year Of Assessment: 2023

■ Individual

Lit Enqi / S4-6

Pinnacle Award 2023

Sara Rendyno / S4-6

Pinnacle Award 2023

GIRL GUIDES

Year Of Assessment: 2022

■ Individual

Baden-Powell Award 2022

Ong En Qi, Andrea / S4-7

Jodiyannah Fung Le En / S4-6

Desiree Teow Yi Xin / S4-8

■ Overall

Puan Noor Aishah Award (Gold)

Year Of Assessment: 2023

■ Individual

Baden-Powell Award 2023

Lim Le Ting / S4-7

Megan Seow Hsuen / S4-6

Hana Pooganeveran / 3 Forgiveness

CLUBS AND SOCIETIES

DEBATING & ORATORICAL SOCIETY

Singapore Secondary Schools Debating Championships

■ Individual

Masayu Raeyna Binte Mohamed Faisal / 3 Faith

Top 20 Best Speaker Award

Super Zonal Scrabble Competition 2023

■ Team

East Zone C Division Champion

Cui Yihan / 1 Compassion

Anyu Quay / 1 Forgiveness

Liu Enqi / 1 Compassion

Nur Arissa Binte Reza / 1 Compassion

East Zone B Division Champion

Jada Ivah Mohamed Ahsik / 3 Compassion

Masayu Raeyna B Mohd Faisal / 3 Faith

Chong Zhi Xuan / 3 Forgiveness

Tang Jia Yu Anzie / 3 Forgiveness

PERFORMING ARTS

Singapore Youth Festival Arts Presentation

Angklung Ensemble

Certificate Of Accomplishment

Concert Band

Certificate Of Accomplishment

Choir

Certificate Of Distinction

Drama Club

Certificate Of Distinction

Guitar Ensemble

Certificate Of Distinction

Modern Dance

Certificate Of Accomplishment

Indian Dance

Certificate Of Distinction

Percussion Band

Certificate Of Distinction

Angklung Band

Comprising Angklung and Kulintang sections, the 50-member Angklung Band plays a wide range of instruments to create melodious musical pieces. Angklung Band participates in the biennial Singapore Youth Festival (SYF) and are given various opportunities to perform for school events.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ When we train together as one band, we cooperate with each other to produce great results and that for me, is what fuels us to keep striving for excellence.

- Kzel Lee Jia Ying

FUN FACT:

Did you know that our instructor, Ms Faridah Jamal, fondly known as the “Angklungqueen”, started with SAC’s Angklung Band in 1993, making her the longest serving teaching instructor in SACSS!

COMMITTEE MEMBERS:

President

Kzel Lee Jia Ying (3 Cheerfulness)

Vice-President

Grace Too Qian Qian (3 Faith)



Badminton

The Badminton CCA comprises 42 members, with members participating in national competitions like the National School Games. Through these competitions, we learn to execute skills learned in CCA such as agility, footwork, and strategy, while building stronger bonds with each other during game play.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Resilience teaches us that when we lose during competitions, we have space for growth to perform better next round.

- Natalie Yap Ka Yee

FUN FACT:

Did you know? Our coaches have the same name as the floorball coach and one of the tennis coaches!

COMMITTEE MEMBERS:

Captain

Natalie Yap Ka Yee (3 Faith)

Vice-Captain

Santos Rachel Louise Palileo (3 Humility)

Choir

The Choir has 45 members comprising 8 students from Secondary 1, 9 students from Secondary 2, 11 students from Secondary 3 and 17 students from Secondary 4. Our members usually take part in the biennial Singapore Youth Festival and the Supernova Choral Exchange where we learn how to express ourselves through choral singing.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ In many ways, my choir friends have taught me to be more understanding and patient. As the President of Choir, I have learnt to step out of my comfort zone and be more confident in my role. It has been an honour to lead a group of amazing people and to sing alongside them.

- **Wong En Xin Samantha**

FUN FACT:

Did you know that the scarf colour for our gowns used to be royal purple instead of blue and yellow?

COMMITTEE MEMBERS:

President / Section Leader (Soprano 1)
Wong En Xin Samantha (3 Humility)

Vice-President
Radhakrishnan Sharini (3 Competence)



Concert Band

As a CCA that is 104 members strong, the Concert Band is divided into three main different sections: Woodwinds, Brass and Percussion. With each sectional practice we have on some Fridays, every member is able to practise with their own section. Individually, they learn, practise and sharpen their playing skills with the given repertoires.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I used to think that CCA training is just about practising on our instrument and coming in together as a band. However, now I have learnt that it is not just about ourselves. I have learnt how to be patient and to step out of my own comfort zone and take the lead to guide others when they're in doubt.

- **Seah Yu Jie**

FUN FACT:

During band practices, most of us use our feet to tap to the rhythm so as to help us keep in tempo/pulse.

COMMITTEE MEMBERS:

President
Seah Yu Jie (3 Forgiveness) - Drum Majorette

Vice-Presidents
Yap Zi Yu (3 Faith) - Assistant Drum Majorette
Zenia Chua Yun Jie (3 Humility) - Band Majorette Admin
Lee Jia En (3 Commitment) - Band Majorette Music



Debating and Oratorical Society

The Debating and Oratorical Society has 37 members comprising 9 students from Secondary 1, 7 students from Secondary 2, 8 students from Secondary 3 and 13 students from Secondary 4 and 5. Our members usually take part in the Raffles Institution Under-14 Debating Championship and the Singapore Secondary Schools Debating Championships where we learn how to develop our higher order critical thinking skills, and public speaking skills.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I learnt through CCA sessions that a tough journey is what makes the destination more fulfilling.

- Tang Jia Yu, Anzie

FUN FACT:

When we are not debating, DOS also takes part in activities such as playing Scrabble where we participate in the Super Zonal Scrabble Competition. Not only do we play scrabble, many school events are often hosted and emceed by DOS members.

COMMITTEE MEMBERS:

President

Tang Jia Yu, Anzie (3 Forgiveness)

Vice-Presidents

Masayu Raeyna Binte Mohamed Faisal (3 Faith)

Krissha Sree Augustino (3 Forgiveness)



Drama Club

The Drama Club has 44 members comprising 13 students from Secondary 1, 11 students from Secondary 2, 6 students from Secondary 3 and 13 students from Secondary 4 and 5. These members take part in the biennial Singapore Youth Festival, and perform at school events such as Arts Alive!, where they learn how to express themselves through different forms of theatre.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Quoting directly from the title of our SYF 2023 piece, I've learnt that no man is an island, and we should offer a helping hand to someone who needs it.

- Chan Bing Hui, Aimee

FUN FACT:

We go for 8-minute jogs at the start of every CCA session, and we play many games and activities to boost our energy and build skills such as teamwork and focus. Our CCA members are absolute Swifties - so we make sure to incorporate her songs into our daily exercises and/or games!

COMMITTEE MEMBER:

President

Chan Bing Hui, Aimee (3 Forgiveness)

Floorball

The Floorball CCA has 53 members, with many participating in the National School Games and Pesta Sukan competitions. Through these opportunities, our floorballers are able to learn from other established schools and clubs, honing their technical skills and building teamwork in the process.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Floorball has shown me that my teammates are important because I would not be able to play a match without their help and support. Being a captain helps me to develop leadership skills, including decision-making and motivating the CCA.

- **Kailey Aniqah Binte Mohamed Fahmi**

FUN FACT:

Did you know our coach also coaches SACPS & CCPS floorball?

COMMITTEE MEMBERS:

Captain

Kailey Aniqah Binte Mohamed Fahmi (3 Forgiveness)

Vice-Captain

Qatina Rizqi D'alya Binte Harry Zan (3 Commitment)



Girl Guides

As a CCA that is 56 members strong, our Girl Guides company consists of 6 patrols: Dove, Flowerpecker, Oriole, Kingfisher, Sparrow and Swallow. We have 6 Patrol Leaders and 6 Patrol Seconds. The CCA takes part in East Division Day competitions where we are tested on the skills we have learnt during CCA like knots-tying and lashing skills. In addition, the CCA also participates in International Camps which takes place every 5 years.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ One of the best things about being a Girl Guide is that it allows you to step out of your comfort zone and challenge yourself to explore new things. Girl Guides has given me many opportunities to hone my leadership skills and grow as an independent person, learning how to handle new or unexpected situations. The Guides motto, 'Be Prepared' sums it all up.

- **Hana Pooganeveran**

FUN FACT:

In Girl Guides, our handshake is unique as it is done using our left hand! When Lord Baden Powell, founder of the world Scouting movement, met one of the Great Chiefs in Kumasi, he saluted them and then offered his right hand out as a sign of friendship. But the Chief transferred his shield which he held in his left hand to his right which contained his spear and offered his left hand to greet as a sign of friendship. All in all, our handshake is done using our left hand as it is closer to the heart, so this gesture symbolises friendship.

COMMITTEE MEMBERS:

Company Leader

Hana Pooganeveran (3 Forgiveness)

Assistant Company Leader

Michael Rajeshkumar Janani (3 Commitment)

Guitar Ensemble

The Guitar Ensemble has 65 members and comprises three sections namely the Alto, Prime, and Bass sections. All the three sections combine to form one big group of guitarists during a performance. The different sections which provide the melody, harmony and bass work together to give depth and contrast to a music piece. The Guitar Ensemble has been an enthusiastic participant in the Singapore Youth Festival and we have managed to clinch the Certificate of Distinction for the past few years!

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Seeing the ensemble grow together and supporting each other through adversity as individuals or as an ensemble is the ultimate trophy.

- **Natalya Qistina Binte Khairudin**

FUN FACT:

We have participated in the annual Guitar Festival where we performed for other ensembles from other schools as well as exchanged our knowledge with them and shared our passion for the art.

COMMITTEE MEMBERS:

President

Natalya Qistina Binte Khairudin (3 Commitment)

Vice-President

Zahin Afia Idnat (3 Faith)



Handball

The Handball CCA has 23 members comprising 12 students from Secondary 3 and 11 students from Secondary 4. As handball is a 2nd CCA, we learnt the importance of prioritising our time so that we can manage our first CCA and our studies in an efficient manner. We are also held to high standards and need to maintain good discipline and manners in and outside of school.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ It is important for the team to have self-confidence and keep an optimistic mindset. Being in handball teaches them to be adaptable as their positions will change depending on the needs of the team. It is important for them to be open to try new things and take in feedback in order to improve.

- **Ng Shilin (Teacher-in-Charge)**

FUN FACT:

Handball is a CCA with many diverse talents: 5 members are from performing arts CCAs; 4 from clubs, societies and uniformed groups; and 14 from sports CCAs!



Indian Dance

The Indian Dance CCA has 29 members comprising 10 students from Secondary 1, 4 students from Secondary 2, 9 students from Secondary 3, and 6 students from Secondary 4 and 5. These members take part in competitions such as the SYF and performances at the Fengshan Community Centre and Teachers' Day where we learn discipline, respect, resilience and teamwork.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ We have had many ups and downs as a CCA. Despite all of that I truly adore how everyone in the CCA will cheer each other on. CCA is truly a safe place for all our members.

- Femi Manish

FUN FACT:

During some sessions, our dance instructors will ask us to research about the different forms of Indian dance. Our dancers will have to prepare slides to share what we learn and understand about that dance form. Our dancers also get a chance to try fusion dances where we use both modern and Indian dance classical steps.

COMMITTEE MEMBERS:

President

Femi Manish (3 Cheerfulness)

Vice-President

Beatrice Sin Kah Yan (3 Compassion)



Library

The Library CCA has 49 members comprising 9 students from Secondary 1, 16 students from Secondary 2, 13 students from Secondary 3 and 11 students from Secondary 4 and 5. These members take part in the Live On Festival organised by the National Organ Transplant Unit, Ministry of Health and the Prove It! Contest organised by National Library Board. Members also learn how to develop the skills of teamwork, perseverance, technology and artistry.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I have learnt that being in this CCA is more challenging than what most people may think as we don't just read and shelve books.

- Jeslyn Loke Ning Xuan

FUN FACT:

We have only one main CCA day which is Wednesday. For our other CCA day, we are allowed to choose either Mondays, Tuesdays, Thursdays or Fridays to do our duty.

COMMITTEE MEMBERS:

President

Lai Zuyi (3 Compassion)

Vice-President

Jeslyn Loke Ning Xu (3 Faith)

Media and Production Society

The Media and Production Society (MPS) has 81 members comprising 17 students from Secondary 1, 16 students from Secondary 2, 17 students from Secondary 3 and 31 students from Secondary 4 and 5. Aside from our duties supporting school events in Production Management and Photography, we have taken part in several competitions such as the annual Ministry of Education's Our School, Our Stories Photo and Video Contest and The Lions Home for the Elders' Lions Home School Video Competition in 2022.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“As the president of MPS, I have learnt that communication is key between my peers and committee members, in order to work together as one team

- **Megan Stefanie Peh Si En**

FUN FACT:

The Media and Production Society is a relatively new CCA created when the Digital Media Club and Production Management CCAs were combined in 2022. The two CCAs were merged to optimise students' CCA achievements and to focus on cultivating emerging skill sets.

COMMITTEE MEMBERS:

President

Megan Stefanie Peh Si En (3 Humility)

Vice-Presidents

Jolene Toh Ting Hui (3 Competence) - Production

Goh Jia Ying Shannon (3 Faith) - Photography & Videography



Modern Dance

The Modern Dance CCA has 52 members comprising 13 students from Secondary 1, 14 students from Secondary 2, 11 students from Secondary 3 and 14 students from Secondary 4 and 5. Our members usually take part in competitions such as the Singapore Youth Festival (SYF) and the Super 24 dance competition where we have gained exposure to different kinds of competitions, taking our dance skills to the next level.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“One main takeaway that I got from this year's CCA sessions is that despite all the challenges, there is always a blessing in disguise at the end of the day.

- **Shaneeya Shanaz Binte Shamsudeen**

FUN FACT:

From time to time, we have team building games and improvisation sessions which allow us to have fun with our CCA mates and explore different dance moves.

COMMITTEE MEMBERS:

President

Shaneeya Shanaz Binte Shamsudeen (3 Humility)

Vice-Presidents

Amelia Chang Li Wen (3 Cheerfulness) - Dance

Adelle Edeena Binte Rosli (3 Cheerfulness) - Admin

National Civil Defence Cadet Corp

Our unit has a total of 65 members across Secondary 1 to Secondary 4. As part of the NCDCC, we take part in Community Resilience events where we support the Singapore Civil Defence Force (SCDF) in equipping the members of our community with lifesaving skills that we acquired through our CCA. Throughout our time in the Unit, we also learn the basics of firefighting and participate in a myriad of activities including the Urban Adventure Civil Defence Challenge (UACDC) and Precision Drill Challenge (PDC) where we get to work closely with cadets from other units.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I have learnt that even though it is not easy to manage my cadets, I will always have my friends and seniors by my side to help me and that we are on this journey together.

- Tan Shi En Enya

FUN FACT:

Did you know that as part of the NCDCC, Secondary 3 cadets are invited to a 4-day Specialisation Course where they can pursue one of three courses, namely, Fire Safety, Medical Response and Urban Search and Rescue (USAR)? These courses are conducted by SCDF personnel on the SCDF training grounds. To attain our badge, we have to pass a test based on a real-life situation!

COMMITTEE MEMBERS:

Unit Sergeant Major
Tan Shi En Enya (3 Commitment)

Assistant Sergeant Majors
Venus Lieow Jing Xin (3 Cheerfulness)
Shazia Humairah D/O Shamin (3 Charity)



Netball

The Netball CCA has 52 members and a number of our players take part in the National School Games East Zone Netball Competition 2023 'B' and 'C' Division categories. The sport not only emphasises physical ability and technical skills, it also allows players to form long-lasting friendships with one another. Through these experiences, we have learnt to motivate each other to constantly do our best on the court. The team also aims to develop good sportsmanship and strengthen our physical and mental strength to overcome challenges both on and off the court.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Netball taught me that no matter how talented one is, no one has the ability to play on court alone, without the help and support of her teammates.

- Wong Lu Xuan

FUN FACT:

Did you know that our Coach is part of Netball Singapore's National Umpire Squad? She is currently a holder of the International Umpires' Award (IUA) badge conferred to her by World Netball, the worldwide governing body for Netball. IUA is the highest international award for umpiring Netball. Catch her umpire in various Netball matches both in and out of Singapore!

COMMITTEE MEMBERS:

Captain
Wong Lu Xuan (3 Forgiveness)

Vice-Captain
Beins Jovanna Leandra-Marie (3 Forgiveness)

Percussion Band

As a CCA that is 37 members strong, the Percussion Band is divided into three sections: unpitched percussion, mallets, and auxiliary percussion. During CCA sessions, each section trains on their own before combining as one Percussion Ensemble together. We also get to play different instruments and not necessarily specialise in one instrument.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I learnt that we have to work together as one band and cooperate with each other in order to achieve success.

- **Karianne Shum Yan**

FUN FACT:

We are one of the very few Percussion Ensemble CCAs in Singapore and we were chosen to participate in the SYF Celebrations 2023 alongside other percussionists from different schools.

COMMITTEE MEMBERS:

President

Karianne Shum Yan (3 Cheerfulness)

Vice-President

Natalie Agustine Thu Ya (3 Cheerfulness)



St. Magdalene's Club

St. Magdalene's Club has 34 members comprising 9 students from Secondary 1, 7 students from Secondary 2, 11 students from Secondary 3 and 7 students from Secondary 4. This year, our members took part in several events such as the Science Centre Singapore's Young Sustainability Champion programme and Tampines Town Council's Comic Book Cover Competition. For the art competition, we explored different methods to create a comic book design. Some of the mediums we explored included watercolour, digital art and coloured pencils

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ During CCA, we learn and apply different skills such as baking, cooking, art and gardening through our Values-in- Action activities. We even learnt crocheting and stitching in the past year.

- **Sneha Agarwal**

FUN FACT:

Every Friday, we have the opportunity to explore a diverse range of activities to promote personal growth and skill development. Our CCA sessions are conducted by our three teachers, and we occasionally attend skills workshops. We have had enjoyable sessions such as tote bag printing and batik painting workshops.

COMMITTEE MEMBERS:

President

Sneha Agarwal (3 Commitment)

Vice-President

Maryam Shaikh (3 Faith)



Taekwondo

The Taekwondo CCA has 43 members, with many taking part in the National School Games 'B' and 'C' Division categories. Through such competitions, they learn to cultivate sportsmanship and techniques while competing against other schools.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Being in Taekwondo has really made me learn what it is like to be with people who have either started their journey with us or who are already experienced. Being able to train with them has really taught me that not everyone may have the same level of skills, but when we work together, we are able to persevere as one big Taekwondo family.

- Ong Shi Ni Kacey

FUN FACT:

Our main coach is a World Taekwondo International Kyorugi Referee who has refereed in the 2023 SEA Games, 2008 Beijing Olympics and more!

COMMITTEE MEMBER:

Captain

Ong Shi Ni Kacey (3 Faith)



Tennis

The Tennis CCA comprises 38 members, with members taking part in the National School Games 'B' Division and 'C' Division categories. Through competitions, they continually hone the skills cultivated during training such as mental focus, agility, resilience and strategising during gameplay.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Tennis has taught me how to embrace both victory and defeat as opportunities for growth, teaching me humility in success and resilience when facing obstacles.

- Clarissa Liem

FUN FACT:

Our CCA has a storeroom affectionately known as 'the dungeon' because we like to keep our tennis balls well-rested in their own charming hideaway!

COMMITTEE MEMBERS:

Captain

Clarissa Liem (3 Faith)

Vice-Captain

Blossom Yong Ee Sing (3 Forgiveness)

Track and Field

Our Track and Field CCA has 40 members, with members taking part in the National School Games 'B' Division and 'C' Division categories and other competitions organised by other athletic clubs. These competitions are a great opportunity for us to refine the running, jumping, throwing, and walking techniques taught in CCA. Furthermore, we learn to cultivate values such as sportsmanship, resilience, and discipline. Our CCA also does cross country training.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ Being in Track and Field has taught me to be open-minded and disciplined as our coaches may change our events every year depending on what they think suits our strengths best hence, it is important to be willing to try new things. Training can be challenging, but as one CCA, we make sure that everyone pushes themselves to the best of their ability.

- Cherelle Low

FUN FACT:

Our CCA's trademark is our neon t-shirts, so do keep a look out for us in school as we're usually easy to spot!

COMMITTEE MEMBERS:

Captain

Cherelle Low (3 Cheerfulness)

Vice-Captain

Ng Zi Ying (3 Compassion)



Legion of Mary

The Legion of Mary is a Catholic student ministry consisting of 28 members who serve actively in the various ministries under the Catholic Activities Council. Apart from the weekly meetings where members receive spiritual input, we conduct rosary sessions in school, participate in outreach activities like visits to Willing Hearts and attend legion functions like the Acies together with the praesidium from other schools.

WHAT I HAVE LEARNT / TAKEAWAY I HAD FROM THIS YEAR'S CCA SESSIONS:

“ I have been inspired by the good work of my seniors and juniors. They have motivated me to put in greater effort in reaching out to people around me.

- Anne-Marie Cheong

FUN FACT:

The School's praesidium organised the games for the Junior Legion Day for all the junior legionaries in the various schools and parishes in Singapore!

COMMITTEE MEMBERS:

President

Anne-Marie Cheong Hsi Yan (3 Commitment)

Vice-President

Kelsey Elise Cheng Yiu (3 Charity)



Class of 2023

Dear Graduating Cohort,

Congratulations on reaching this milestone in your academic journey!

As you move on to the next phase of your life, we want to take a moment to celebrate your achievements and offer some words of encouragement using the mnemonic, SAC:

Strength:

Throughout your academic journey, you've demonstrated incredible strength and resilience. You've overcome challenges, pushed through late-night study sessions, and persevered in the face of adversity. You were also the batch that experienced the COVID-19 pandemic and faced several disruptions in school. But, you have gained strength and this tenacity will continue to serve you well as you step into the world beyond the classroom. Believe in your ability to tackle any obstacle that comes your way.

Aspiration:

Your dreams and ambitions have led you to this moment. Keep that aspiration alive and burning brightly. Set your sights high and chase after your goals with unwavering determination. Your education has equipped you with the tools to reach for the stars, so don't be afraid to dream big. You got this!

Courage:

Graduation is a time of transition, and it can be both exhilarating and daunting. As you move on to higher education, have the courage to step out of your comfort zone, to embrace new opportunities, and to learn from your experiences – both successes and setbacks. Remember, it's okay to be afraid, but it's not okay to let fear hold you back.

This is a time to celebrate your accomplishments and look forward to the future. We wish you all the best in your future endeavours and look forward to connecting with you again!



With faith, hope and love,

Ms Pauline Choy and Mr Ernest Tan

Year Heads for Secondary 4 and 5

Class 4.1

FORM TEACHERS:

MS LOH SHI YUNN NICOLE

MS NORFARHANA MOHAMED ISMAIL

MR MOHAMMED RAMLEE SAMSUDIN

Dear 4.1, through the years, we have watched you grow. It is with hard work and determination that you are where you are now. Keep seeking knowledge, pursuing your dreams, and making a positive impact in the world.

**Thank you for brightening our days
and inspiring us to push our boundaries
for you and undeniably enhancing
our teaching journey and experiences.
Congratulations on reaching this milestone!**

With our warmest wishes,

Mr Mohd Ramlee, Mrs Nicole Ng and Ms Norfarhana



(from left to right)

3RD ROW: ISABELLA SHREYA JEYAMOCHAN, NUR ARDIRA BINTE MUHAMAD, EUNICE CHAN SZE EN, NUR AALIYAH BINTE MOHAMMAD ZAMRIN, JEMIRA ANNE OBIEN SAPITAN, NUR SERI AINA BINTE ABDULLAH, NURUL AMILYA BINTE KAMAL, RACHELLE TAN, BO SHI CHYI, LEE YI EN ARIEL, CHOW LE MIN **2ND ROW:** EVA KAM ZHI QI, NAH XUAN LING, IFFAH BATRISYIA BINTE OSMAN, CHLOEY CHIOK, JASLIN CARINA SHEPHERDSON, TAN JIA YI, VALERIE ANG HUI TING, AMELIA YEN MIN EN, ONG SI HWEE LYNSEY, HO JIA HUI LINA **1ST ROW:** JANESEA TAY WAN NI, NATASHA SEE SHIN RU, NUR NYLA BINTE MOHAMAD Wafa, MS LOH SHI YUNN NICOLE, MS NORFARHANA MOHAMED ISMAIL, MR MOHAMMED RAMLEE SAMSUDIN, LOI YAN ZI, NURAISHA NADIA BINTE YUSRI, TAMMY LIM JIA YING

NOT IN PICTURE: NUR WARDINA BINTE ABDUL RAHIM & ULFAH NURUL ALLYSYA BINTI AHMAD

Class 4.2

FORM TEACHERS:

MR MOHD SAID BIN RAHIM

MS NUR BTE TAIB

MS NG SHILIN

Congratulations 4.2!

Thank you for infusing our days with warmth, laughter, and positivity.

4.2 has unfolded as a vibrant tapestry woven with diverse talents, interests, and backgrounds, and it is this very diversity that has profoundly enriched our collective experiences. Your infectious energy and inclusive spirit create a welcoming atmosphere for everyone on this journey.

Keep the flame of curiosity burning, see challenges as stepping stones for growth, and continue to lead with empathy and kindness.

With heartfelt congratulations,

Ms Ng Shilin, Mr Mohammad Said and Ms Nur Taib



(from left to right)

3RD ROW: NUR FITRI FALISHA BINTE MUHAMMAD FARIQ, ANASTASIA BENEDICTA LIM SEE NING, YIK HWEE EN TIFFANY, NUR ALEEYA SYAKEERA BINTE EFFENDY, TEO WOON SAN CLARICE, RACHELLE TENG, AYESHA INSHIRAH BINTE FIROS KHAN, CLARA SONIA LIM YAN WAI, NUR EKA QISTINA BINTE ZAKARIA, ISABELLE LEE HUI'EN, NUR SOFEA NADIRA BINTE MOHAMMED NOOR HISHAM **2ND ROW:** CHUA KIA KEE HANNAH, AISYAH BINTE NORAZMI, PILAPIL ALLAIN SAMUELLE ESPELETA, ARSHPREET KAUR SANDHU d/o NAMDEV SINGH, HAY YU XUAN, CHEYENNE ONG, SHARIFAH LU'LU' SHAKIRA BINTE SYED FAUZEE ALSAGOFF, CHUA HUI QI ANGELINE, FARISSA ALYA BINTE MOHD FAIZAL, JANESEA ALEXANDRA CHEE LIN, ONG CHUAN YING, NATARINA ALIKA BINTE MOHAMMED **1ST ROW:** SHOSHANNA YIP, KAILEY ZAIRA ANWAR, TEO RUI XI TRICIA, DIAERDRA OCTAVIA KOH JING XUAN, ALYSSA WANG JIA SEE, MR MOHD SAID BIN RAHIM, MS NUR BTE TAIB, KWEK LI HUI RAINIE, FATHIMAH AZ-ZAHRAH BINTE MOHAMED YAZID, SERI KHALISAH BINTE MOHAMAD KHUSAINI, ANGELICA CHUA WEE QIAN, DREA NERYSSA BINTE DADANG SUANDI

NOT IN PICTURE: MS NG SHILIN, RACHEL LIM JIA YI, SHAFIQAH ANASOFIA BINTE MOHAMED RIZAL & TOVA YAP XIU TING

Class 4.3

FORM TEACHERS:

MS KAMALA KAUSIKAN

MR MOHD FAISAL MOHD YUSOFF

... Of course, there were ups and downs,
but that's life. When we are faced with
challenges and strive to overcome them,
we become better individuals. Yet - be compassionate,
be cheerful, be competent, be faithful, be humble, be charitable,
be committed, be forgiving and most importantly believe that
you have the potential to be whatever you want to be.

... Of course, you may face moments of doubt and uncertainty, but that's life.
When that happens, we want you to remember the resilience you've shown
time and time again. Always - Believe in yourselves and your abilities;
Trust that you are well-prepared to handle whatever comes your way.
SACSS will always be rooting for you.

Congratulations, 4/3! ... and may God Bless You every day!

*With heartfelt wishes,
Mr Mohd Faisal and Ms Kamala*



(from left to right)

3RD ROW: NURUL SYUHADAH PUTERI AZIZ, AMANDA HAILEY TJHEN, HUMAIRA BINTE HARUN BHAROOCHA, LOY LIANG ZUAN, DANCEL JACEL ANGELA TUGANO, PRIYA SEN d/o RAM, ELIZABETH WOO WAI YIAN, WONG WEN YI CRYSTAL, ALETHEA YEO YU TING, HENG SHI NING SHERLYN, ARYA BANTAYAN SUPPIAH, ONG YI JING BERLIAN **2ND ROW:** MICHIE LEE SI EN, PENNY LIAU YING XUAN, TANISHA MAHFUDZ FRAIJ, MYRA HURRAH HIAH WEIYI, ZOYA ZARA FAROOK, MA CHERIE SAGE, SIN SHI YING ALINA, WANG WAN TING CORINNE, JAYNELLE GAN ZHEN RUI, CHEW YU RUN, MEYA ONG, VERNICE TAN JIA PEI **1ST ROW:** CHARLOTTE WEE YUN XIN, ISABELLA RUTH YAGAPPAN, CHUA YI LIN, ZAHRA HAJA ALLAWDEEN, GAYLE SARAH WOODFORD, MS KAMALA KAUSIKAN, MR MOHD FAISAL MOHD YUSOFF, JENELL LOW LI YING, KONG JEN ZEE, VENISSA EUNIRA, GIYA KHAN, TEE YI XUAN SHERBELLE

Class 4.5

FORM TEACHERS:

MR HENG WEI JIE

SISTER JESSICA TEO

MR QUEK JOO SIAH

Hello 4.5!!

**As you embark on the next chapter of your journey,
we want to extend our heartfelt wishes to each
and every one of you. May your path always be
illuminated with wisdom,** not just knowledge.

Remember that challenges and obstacles are an integral part of any journey. It is your resilience and determination that will make them less daunting and the feeling of overcoming them ever so sweet. So, don't be disheartened by setbacks, but instead, view them as opportunities to learn and become stronger than yesterday.

Embrace each day with happiness and the belief that you can better yourselves.

**Wishing you success and fulfilment in all your endeavours,
both in your life pursuits and every other aspect of your journey.**

Best wishes,

Mr Heng Wei Jie, Mr Quek Joo Siah and Sister Jessica Teo



(from left to right)

3RD ROW: GLENDA ONG SI XUAN, JESLYN SNG JIA NING, ARINA RIZQI D'LYQA BINTE HARRY ZAN, ALEXANDRA PANG YINH ZYNN, JOANN GOH LI YI, JACQUELINE TARA BARATHAN, ANANDA NATESAN BHAVISIYA **2ND ROW:** LOW REI ANNE, ADRIEL LAN ZI YAN, VALENCIA VALENTINE NG SHAN SHAN, LIM LE-ER BENNITA, YANG SHUQI, E MEI QI, TAN HWEE EN ARIELLA, BEVERLEY TAN WEN JING
1ST ROW: LUANNE YIP ZI HYUN, DHARANI d/o SUNDARAMOORTHY, DINA JELEENA PUTRI ZAINAL, MR HENG WEI JIE, SISTER JESSICA, MR QUEK JOO SIAH, CHEN XINYUE, LOH YING YI RACHEL, NATALIE LIM WAN XUAN

NOT IN PICTURE: ONG SI XUAN

Class 4.6

FORM TEACHERS:

MS YU WEILING SHARON

MS IMELDA NORAZLINA ZULKEFLE

High five and hugs! You did it, 4.6!

The next part of your journey beckons.

Buckle up as there will be disappointments.

**These disappointments give you clarity,
and with clarity comes conviction.**

Buckle up as you have good times and rough seas ahead.

It is just part of life but enjoy the ride and laugh a lot.

**Buckle up as Life is about to unfold for you in all its forms - love,
heartache, accomplishments, disappointment,
testing of faith BUT life is beautiful.**

Behind you, all your memories. Ahead of you, all your dreams.

Within you, all the love that you need.

Wishing you all the best, sweet 4.6!

With heartfelt wishes,

Ms Sharon Yu, Ms Imelda NZ and Ms Nur Dini



(from left to right)

3RD ROW: AVRIL GAN MING HUI, ADEL GOH KENG JUAN, YEO GI-WYNNE, TAN WEI TING MEGAN, SARA RENDYNO, ONG JIE YING SHARLYNN, ONG YENN, SAMEEHA ABDUL RAHMAN, CHLOE TAN LE YI, CALISTA TAN XIN XUAN, JAEDE LIM EN HUEI, JAMIE GABRIELLE LAYUGAN TOMAGAN **2ND ROW:** TEO LER XUAN (ZHANG LEXUAN) SHYAN, KADER MOHAIDEEN MUSFIRAH, JODIYANAH FUNG LE EN, LIAU RUI NI, LEE JIA EN DENISE, NATALIE CHUA ENN, NIKITA AIN, RAMGOPAL SASMITA, LIT ENQI, LEE JILLIAN, INTISSAR AMBERYN BINTE MOHAMAD SHAHROM, YAP SI HUI **1ST ROW:** RHEANNA CHANDRU, KATRAGADDA SHREYA, ISABELLE LIM HUI YI, MEGAN SEOW HSUEN, MS YU WEILING SHARON, MS IMELDA NORAZLINA ZULKEFLE, AIRISH NADYA BINTE DIRHARTO JUHASMAN, SHYANNE SIEW YU YAN, LWIN LI LI SOPHIA, TARA RHYS MATHEWS-CHARLEY

NOT IN PICTURE: CHONG YU JAYDEN

Class 4.7

FORM TEACHERS:

MS AILEEN TAN

MS LIM WEI YIN SELINA

Graduation marks the start of a brand new journey for all of you.

Embrace the unknown with confidence,

because it's where you'll find opportunities to learn and grow.

Don't be afraid to make mistakes;

they're part of the learning process.

Your potential is limitless,

and the world is waiting for the positive impact you can make.

Then, step into the future with determination,

because you have the power to shape your own path.

Congratulations, 4.7!

This is just the beginning, and you have so much to look forward to.

All the best in your future endeavours!

Best wishes,

Ms Aileen Tan and Mrs Selina Tan



(from left to right)

3RD ROW: ROLDAN BEATRIZ MARI ANDREA ARROYO, LIANG YIQIU, OLGA ALYCEA HONG, SABRINA SAW XIANG HAIN, NG WAN NI ADELIN, AVISHI SRIVASTAVA, LEE ZI RUI CARYL **2ND ROW:** MS AILEEN TAN, JANELLE LIM EN MEI, LOW JIA KIM CHLOE, LEE XING YI, ONG EN QI ANDREA, NG ZI HUI, LIM LE TING, HASNAH HUSSAIN AHAMED, MS LIM WEI YIN SELINA

1ST ROW: ANUSHA SUBRAMANIAN, LIM SZE THENG GIANNA, TAY XIN HUAAN CELINE, TAN XINHUI CHLOE, HONG SZE KEI, DANNIKA VIMALA INDIRA, SORIANO JOREEN ROSS CERVANTES, ANN LIN ELSA JIMMY

NOT IN PICTURE: YAM KAH HUEN NATALIE

Class 4.8

FORM TEACHERS:

MRS ADELENE CHEONG

MR CHOO YUAN CHUNG JIMMY

Dear 4.8,

It warms our hearts as we look back on the memories we've created these past two years. Witnessing your individual growth and development has been truly inspiring to us. It's been a privilege to watch you inspire and encourage one another. Many of you have also stepped forward generously to serve in school. These memories of our shared journey will continue to stay with us.

“As you move on to explore the exciting world in the future, never forget this formula (Stress = Force/Area) to help you navigate the uncertainties in life with confidence and support. May you also continue to use your various gifts and talents to reach out in love and be Canossians of Influence to the community around you. Happy Graduation and all the best!”

With our love and support,

Mr Jimmy Choo and Mrs Adelene Cheong



(from left to right)

3RD ROW: BERNICE LIM ZHI RUI, CHEYENNE KOH SHI'EN, LEE JIA HUI SOPHIA, FINOLA LIN SHUANG O'CONNELL, FELYSHAA'IN MOHAMED SHAHRIL, TEO SIN WOON EMILY, CHLOE SEAH WEI LING, DU MEILIN, PUJEDA ALTHEA DEZIREE LINAQ, JUHI KURUP, KADERSULTAN SHAHUL HAMEED AISHA SHAHANE, GABRIELLE POON YIAN NAIH, SHANNON HEART CU AGUSTIN, BIANCA ALBA SOLIVEN **2ND ROW:** DESIREE TEOW YI XIN, LOI ZI YI ZOE, JOYCE CHONG YI XUAN, ZELDA NG XINYI, SIM JIA HUI SAMANTHA, EZANN LEE WEN XI, ROXANNA MADELINE CROSS, SHANNON LIM, LARISSA NEO SU EN, KRISHITA SINGH, ANNE MARY MATHEW, AUDREY ADINDA GLADIA, JOANNE TAN HUI FANG, ELSHA NETHUMYA JAYAKODY, LEE YAN YI **1ST ROW:** TAN FANG CUI CLARICE, RACHEL WONG SHEE KEE, ARAVINDAN SOUNTHARYAA, TAN LIANG YING, FAITH CHA YILING, MRS ADELENE CHEONG, MR CHOO YUAN CHUNG JIMMY, LOIS KWEK SENG SIM, CHEAH JING HAN FELICIA, TAN XUAN RU JAYMEE, CHUA YU TONG EUNICE, ADA TENG XIN LEI

Class 4.9

FORM TEACHERS:

MDM BEY YOUNG KENG

MS FOO KHIM YOUN JUSTINA

In the last two years, you have bloomed and grown,
Through every challenge you have shown your own.
Now spread your wings, let your light shine,
Class 4.9, you have crossed the finish line.

So go forth, graduates, with heads held high,
Here's to your future, bright and divine,
Wishing you all the best, Class 4.9,
as you continue to climb!

*Always cheering you on,
Mdm Bey Young Keng and Ms Foo Khim Youn Justina*



(from left to right)

3RD ROW: CHUA JIA XIN JASLYN, OOI JING XI LYVIA, PAIGE WONG CHIAN WEI, ATHINARAYANAN MAHALAXSHMI, KIRSTIN KAYLEIGH BARZAGA KIUNISALA, TAY JOY LYNN, SARAH HO LI XIAN, NG RUIEN KAYLIE, LIEW QIAN QIAN CLARYCE, GUNASEELAN ARUNIMAA, ALEXIA LEE WEN ZHI, CHUA JIA XUAN REGINA, ALESSANDRA MARISSA ANTHONY, AYUMI BINTE YUSRI **2ND ROW:** RUTHANNE CHIA, PETRA CHONG YU EN, JERMEYN SEOW, GIAM ZHI YING MELINDA, VICTORIA CHEAH, RAJA AFRIN SAFIYA, AMELIA POH XING HUI, CHLOE YUEN LING PIN, WONG HSIU YIN, JERRISA TAN ZHI XUAN, NADIA TAN JIA JIA, GAN YING XUAN, EVELYN OH, LIM XIN RU **1ST ROW:** MERINNAGE TRIFANI NAVEESA HASANKEE WAAS, CHLOE LIM ZHI YU, LOH JENG HYUEN KAYLEY, NATHALIE CHARM LABOS MEDINA, YEW MIN ALYSSA NICOLE, MDM BEY YOUNG KENG, MS FOO KHIM YOUN JUSTINA, RHEANNA KAYLA RAVICHANDRAN BEINS, IVA ELIZABETH HAN XUEXIN, CHARISSA CHEW SHI HUI, JEANETTE LEE KA YEE, LIM KAR YI ESTHER

Class 5.1

FORM TEACHERS:

MS NURFAEZA RAHMAT

MS YU WEILING SHARON

Dearest 5.1,

Congratulations on your graduation!
It was a humbling and enriching experience to witness your years
here in SACSS. That was one remarkable journey.

**“Even though it’s time we bid farewell,
I hope you do not bid farewell to the good times,
highs and lows and fond memories created together.
Just like how you have been troopers,
remember you will always be able to face the challenges ahead.
Now, go spread your wings.”**

With much love,

Ms Faeza



(from left to right)

3RD ROW: LETITIA MCNEE CHUA, HOI HUI JIE, SIM SHI'EN CHARIS, SENTHILKUMAR VARSHINI, TAN XIN EN, SAMEERA AFREEN d/o HALILUR RAHAMAN SALAUDEEN **2ND ROW:** RUSHMI BHARDWAJ, NAKEISHA KAUR GILL, WONG XIN YI, TAN ZHI YAN ANNE, ASHLEY TER SI LING, NATASHA ELLYANA BINTI BRIAN HERMAN **1ST ROW:** NUR FATIHAH BINTE MOHAMMED ZIN, ARRISSYA REIS BINTE ANWAR, LEE SZE YIN MEGAN, MS NURFAEZA RAHMAT, MS YU WEILING SHARON, CHIM YI KUAN, SEAH ALYN, NAGASUBBU JEYAKANNAN VAISHNAVI

NOT IN PICTURE: SITI SYASYA BINTI ABUL-ALA

Autograph

Let us be grateful to people who make us happy,
they are the charming gardeners who make our souls blossom.

Marcel Proust



BELONG • BELIEVE • BECOME





The Way, The Truth and The Life



追求正义和
行善的人
必得生命久长。

St Magdalene

**“ The School
is the Harvest
which costs us
much but yields
abundant fruits.**





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and Literature Department**

The Editorial Committee would like to thank
all staff and programme owners for
working with us to provide the necessary
information and images for this publication.

We would also like to thank our School Leaders
for setting the direction and their support
throughout the course of producing
this 2023 edition of *The Magdalenian*.



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